

# SWIMMING LESSONS

# Winter/Spring 2018

## POIRIER SPORT & LEISURE COMPLEX – SET 1

LEVEL	JAN. 6 – MARCH 10 SA • 10 LESSONS	JAN. 7 – MARCH 11 SU • 10 LESSONS	JAN. 8 – FEB. 7 M/W • 10 LESSONS	JAN. 8 – MARCH 12 M • 9 LESSONS	JAN. 9 – FEB. 8 TU/TH • 10 LESSONS
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### ADULT & CHILD

<b>Parent &amp; Tot 1</b> <b>Starfish</b> (4 – 12 mths)	10 a.m. (604789) 11:30 a.m. (604790)	11:30 a.m. (604784) 1 p.m. (604785)	1 p.m. (605213)	6:30 p.m. (604786)	6 p.m. (604787)
<b>Parent &amp; Tot 2</b> <b>Duck</b> (12 – 24 mths)	9:30 a.m. (604800) 10:30 a.m. (604798) 12 p.m. (604799)	12 p.m. (604793) 1 p.m. (604794)		6:30 p.m. (604795)	6 p.m. (604796)
<b>Parent &amp; Tot 3</b> <b>Sea Turtle</b> (24 – 36 mths)	9 a.m. (604810) 11 a.m. (604808) 12:30 p.m. (604809)	12:30 p.m. (604803) 1:30 p.m. (604804)		7 p.m. (604805)	6:30 p.m. (604806)

### PRESCHOOL (3 – 5 YRS)

<b>Preschool 1</b> <b>Sea Otter</b> (3 – 5 yrs)	9 a.m. (604861) 9 a.m. (604862) 9:30 a.m. (604863) 10 a.m. (604864) 10 a.m. (604865) 10:30 a.m. (604866) 11:30 a.m. (604867) 12:30 p.m. (604868) 1 p.m. (604869) 1:30 p.m. (604870) 4:30 p.m. (604872) 6 p.m. (604873)	10 a.m. (604812) 10 a.m. (604813) 10:30 a.m. (604814) 11 a.m. (604815) 11:30 a.m. (604816) 12 p.m. (604817) 12:30 p.m. (604818) 1 p.m. (604819) 1:30 p.m. (604820) 1:30 p.m. (604821) 4:30 p.m. (604822) 5 p.m. (604823) 6 p.m. (604824) 6:30 p.m. (604825)	1 p.m. (605571) 1:30 p.m. (605572)	3 p.m. (605221) 4 p.m. (605222) 4:30 p.m. (605223) 5 p.m. (605224) 6 p.m. (605225) 6 p.m. (605226) 7:30 p.m. (605570)	9:30 a.m. (605573) 10 a.m. (604826) 10:30 a.m. (604827) 3:30 p.m. (604839) 4 p.m. (604840) 4:30 p.m. (604841) 4:30 p.m. (604842) 5 p.m. (604843) 5:30 p.m. (604844) 6 p.m. (604845) 7 p.m. (604846) 7:30 p.m. (604847)
<b>Preschool 2</b> <b>Salamander</b> (3 – 5 yrs)	9 a.m. (604935) 9:30 a.m. (604936) 10 a.m. (604937) 11 a.m. (604938) 12 p.m. (604939) 1 p.m. (604940) 1:30 p.m. (604941) 5 p.m. (604942) 6 p.m. (604943)	10 a.m. (604899) 10:30 a.m. (604900) 11 a.m. (604901) 11:30 a.m. (604902) 12 p.m. (604903) 12:30 p.m. (604904) 1 p.m. (604905) 1:30 p.m. (604906) 4:30 p.m. (604907) 5:30 p.m. (604908) 6 p.m. (604909) 6:30 p.m. (604910)	1:30 p.m. (604911) 2 p.m. (604912)	3 p.m. (604913) 3:30 p.m. (604914) 4 p.m. (604915) 5 p.m. (604916) 6:30 p.m. (604917)	9:30 a.m. (604918) 10:30 a.m. (604919) 3 p.m. (604920) 3:30 p.m. (604921) 4 p.m. (604922) 5 p.m. (604923) 5:30 p.m. (604924) 7 p.m. (604925) 7:30 p.m. (604926)
<b>Preschool 3</b> <b>Sunfish</b> (3 – 5 yrs)	9:30 a.m. (604974) 10:30 a.m. (604975) 1:30 p.m. (604976) 5:30 p.m. (604977)	10 a.m. (604960) 11 a.m. (604961) 12:30 p.m. (605259) 3 p.m. (605260) 5:30 p.m. (605706)		3:30 p.m. (604965) 7 p.m. (604966)	10 a.m. (604967) 3 p.m. (604968) 4 p.m. (604969) 5:30 p.m. (604970) 7:30 p.m. (605717)
<b>Preschool 4</b> <b>Crocodile</b> (3 – 5 yrs)	11:30 a.m. (604991) 1 p.m. (604992) 5:30 p.m. (604993)	10:30 a.m. (604985) 5 p.m. (604986)		5:30 p.m. (604988)	3:30 p.m. (604989) 6:30 p.m. (605275)
<b>Preschool 5</b> <b>Whale</b> (3 – 5 yrs)	11 a.m. (605005) 5:30 p.m. (605006)	11 a.m. (604999) 5 p.m. (605000)		5:30 p.m. (605002)	5 p.m. (605003)

NOTE: Participants cannot be registered for more than one set of lessons at a time and must successfully complete the prerequisite level before registering for the next level. Schedule subject to change.

# POIRIER SPORT & LEISURE COMPLEX – SET 1

LEVEL	JAN. 10 – FEB. 9 W/F • 10 LESSONS	JAN. 12 – MARCH 16 F • 10 LESSONS	FEB. 13 – MARCH 15 TU/TH • 10 LESSONS	FEB. 14 – MARCH 14 M/W • 9 LESSONS	FEB. 14 – MARCH 16 W/F • 10 LESSONS
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## ADULT & CHILD

<u>Parent &amp; Tot 1 Starfish</u> (4 – 12 mths)		11 a.m. (604788)	6 p.m. (604791)		6:30 p.m. (604792)
<u>Parent &amp; Tot 2 Duck</u> (12 – 24 mths)		11:30 a.m. (604797)	6 p.m. (604801)		6:30 p.m. (604802)
<u>Parent &amp; Tot 3 Sea Turtle</u> (24 – 36 mths)		11:30 a.m. (604807)	6:30 p.m. (604811)		

## PRESCHOOL (3 – 5 YRS)

<u>Preschool 1 Sea Otter</u> (3 – 5 yrs)	3:30 p.m. (604849) 4 p.m. (604850) 4:30 p.m. (604851) 6 p.m. (604852) 8 p.m. (604853)	10 a.m. (604858) 10:30 a.m. (604859) 11:30 a.m. (604860)	9:30 a.m. (604876) 10:30 a.m. (604877) 3 p.m. (604878) 3:30 p.m. (604879) 4 p.m. (604880) 5 p.m. (604881) 5 p.m. (604882) 5:30 p.m. (604883) 5:30 p.m. (604884) 6 p.m. (604885) 7 p.m. (604886) 7:30 p.m. (604887) 8 p.m. (604888)	1 p.m. (604874) 2 p.m. (604875)	3 p.m. (604890) 3:30 p.m. (604891) 4:30 p.m. (604892) 5 p.m. (604893) 5:30 p.m. (604894) 6 p.m. (604895) 6 p.m. (604896) 7 p.m. (604897) 8 p.m. (604898)
<u>Preschool 2 Salamander</u> (3 – 5 yrs)	3 p.m. (604927) 3:30 p.m. (604928) 5 p.m. (604929) 5:30 p.m. (604930) 6:30 p.m. (604931) 8 p.m. (604932)	10 a.m. (604933) 11 a.m. (604934)	9:30 a.m. (604946) 10 a.m. (604947) 3 p.m. (604948) 3:30 p.m. (604949) 4:30 p.m. (604950) 5:30 p.m. (604951) 7 p.m. (604952) 7:30 p.m. (604953)	1 p.m. (604944) 1:30 p.m. (604945)	3 p.m. (604954) 3:30 p.m. (604955) 4 p.m. (604956) 5 p.m. (604957) 6 p.m. (604958) 7:30 p.m. (604959)
<u>Preschool 3 Sunfish</u> (3 – 5 yrs)	3 p.m. (604971) 4:30 p.m. (604972) 7:30 p.m. (605264)	10:30 a.m. (604973)	10 a.m. (604979) 4 p.m. (604980) 5 p.m. (604981)	1:30 p.m. (604978)	4:30 p.m. (604982) 5:30 p.m. (604983) 8 p.m. (604984)
<u>Preschool 4 Crocodile</u> (3 – 5 yrs)	5 p.m. (604990) 5:30 p.m. (605276)		10:30 a.m. (604995) 6:30 p.m. (604996)		5:30 p.m. (604998)
<u>Preschool 5 Whale</u> (3 – 5 yrs)	5:30 p.m. (605004) 7 p.m. (605755)		10:30 a.m. (605008) 6:30 p.m. (605009)		5 p.m. (605010)

## CHILD (6 – 12 YRS)

<u>Swim Kids 1</u> (6 – 12 yrs)	4 p.m. (604635) 5 p.m. (604636) 7:30 p.m. (604637)		3:30 p.m. (604642) 4:30 p.m. (604643) 5:30 p.m. (604644)		4 p.m. (604645) 6:30 p.m. (604646) 7:30 p.m. (604647)
<u>Swim Kids 2</u> (6 – 12 yrs)	4 p.m. (604665) 6 p.m. (604666) 7 p.m. (604667)		4 p.m. (604672) 6 p.m. (604673) 7 p.m. (604674)		4 p.m. (604675) 6 p.m. (604676) 7 p.m. (604677)

# POIRIER SPORT & LEISURE COMPLEX – SET 1

LEVEL	JAN. 6 – MARCH 10 SA • 10 LESSONS	JAN. 7 – MARCH 11 SU • 10 LESSONS	JAN. 8 – MARCH 12 M • 9 LESSONS	JAN. 9 – FEB. 8 TU/TH • 10 LESSONS
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## CHILD (6 – 12 YRS)

<b><u>Swim Kids 1</u></b> (6 – 12 yrs)	10:30 a.m. (604638) 11:30 a.m. (604639) 12:30 p.m. (604640) 4:30 p.m. (604641)	11:30 a.m. (604625) 1 p.m. (604626) 3:30 p.m. (604627) 6:30 p.m. (604628)	2 p.m. (605164) 4:30 p.m. (604629) 7:30 p.m. (604630)	3:30 p.m. (604631) 4:30 p.m. (604632) 5:30 p.m. (604633) 7 p.m. (604634)
<b><u>Swim Kids 2</u></b> (6 – 12 yrs)	11 a.m. (604668) 12 p.m. (604669) 1 p.m. (604670) 5 p.m. (604671)	10:30 a.m. (604656) 12 p.m. (604657) 4 p.m. (604658) 5:30 p.m. (604659)	2 p.m. (605174) 4 p.m. (604660) 6:30 p.m. (604661)	4 p.m. (604662) 5 p.m. (604663) 6 p.m. (604664)
<b><u>Swim Kids 3</u></b> (6 – 12 yrs)	10:30 a.m. (604690) 11:30 a.m. (604691) 12:30 p.m. (604692) 4 p.m. (604693)	11:30 a.m. (604678) 12:30 p.m. (604679) 4:30 p.m. (604680) 6 p.m. (604681)	2:30 p.m. (605181) 3:30 p.m. (604682) 7 p.m. (604683)	4 p.m. (604684) 6 p.m. (604685) 7 p.m. (604686)
<b><u>Swim Kids 4</u></b> (6 – 12 yrs)	11 a.m. (604712) 12 p.m. (604713) 1:30 p.m. (604714) 4 p.m. (604715)	11 a.m. (604701) 12 p.m. (604702) 5 p.m. (604703)	2:30 p.m. (605188) 4:30 p.m. (604704) 7:30 p.m. (604705)	4:30 p.m. (604706) 5:30 p.m. (604707) 6:30 p.m. (604708)
<b><u>Swim Kids 5</u></b> (6 – 12 yrs)	10 a.m. (604730) 12:15 p.m. (604731) 1 p.m. (604732) 7:15 p.m. (604733)	10 a.m. (604722) 3 p.m. (604723)	2:30 p.m. (605193) 3:30 p.m. (604724)	3:30 p.m. (604725) 5 p.m. (604726) 7:15 p.m. (604727)
<b><u>Swim Kids 6</u></b> (6 – 12 yrs)	10 a.m. (604746) 12:15 p.m. (604747) 7:15 p.m. (604748)	12:15 p.m. (604739) 3 p.m. (604740)	2:30 p.m. (605199) 4:15 p.m. (604741)	4:15 p.m. (604742) 5:45 p.m. (604743)
<b><u>Swim Kids 7</u></b> (6 – 12 yrs)	11:30 a.m. (604759) 6:30 p.m. (604760)	10:45 a.m. (604753) 3:45 p.m. (604754)	2:30 p.m. (605203) 6:30 p.m. (604755)	6:30 p.m. (604756)
<b><u>Swim Kids 8</u></b> (6 – 12 yrs)	11:30 a.m. (604771) 6:30 p.m. (604772)	10:45 a.m. (604765) 3:45 p.m. (604766)	2:30 p.m. (605207) 6:30 p.m. (604767)	6:30 p.m. (604768)
<b><u>Swim Kids 9</u></b> (6 – 12 yrs)	10:45 a.m. (604780) 6:30 p.m. (604781)	11:30 a.m. (604776)	2:30 p.m. (605211) 7:15 p.m. (604777)	7:15 p.m. (604778)
<b><u>Swim Kids 10</u></b> (6 – 12 yrs)	10:45 a.m. (604652) 6:30 p.m. (604653)	11:30 a.m. (604648)	2:30 p.m. (605170) 7:15 p.m. (604649)	7:15 p.m. (604650)

## YOUTH (12 – 16 YRS)

<b>Youth: Beginner</b>				
<b><u>Youth: Intermediate</u></b>	1 p.m. (605156)			
<b><u>Youth: Advanced</u></b>	1:45 p.m. (605154)			

## ADULT (16 YRS & UP)

<b><u>Adult: Beginner</u></b>				7:30 p.m. (605012)
<b>Adult: Intermediate</b>				
<b>Adult: Advanced</b>				

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# POIRIER SPORT & LEISURE COMPLEX – SET 1

LEVEL	JAN. 10 – FEB. 9 W/F • 10 LESSONS	FEB. 13 – MARCH 15 TU/TH • 10 LESSONS	FEB. 14 – MARCH 16 W/F • 10 LESSONS
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## CHILD (6 – 12 YRS) CONT'D

<u>Swim Kids 3</u> (6 – 12 yrs)	3:30 p.m. (604687) 6:30 p.m. (604688) 7 p.m. (604689)	3:30 p.m. (604694) 4:30 p.m. (604695) 6:30 p.m. (604696)	3:30 p.m. (604697) 5 p.m. (604698) 7 p.m. (604699) 7:30 p.m. (604700)
<u>Swim Kids 4</u> (6 – 12 yrs)	4:30 p.m. (604709) 6:30 p.m. (604710) 7:30 p.m. (604711)	4 p.m. (604716) 5 p.m. (604717) 7 p.m. (604718)	4:30 p.m. (604719) 5:30 p.m. (604720) 6:30 p.m. (604721)
<u>Swim Kids 5</u> (6 – 12 yrs)	3:30 p.m. (604728) 7:15 p.m. (604729)	3:30 p.m. (604734) 5 p.m. (604735) 7:15 p.m. (604736)	3:30 p.m. (604737) 7:15 p.m. (604738)
<u>Swim Kids 6</u> (6 – 12 yrs)	3:30 p.m. (604744) 6:30 p.m. (604745)	3:30 p.m. (604749) 7:15 p.m. (604750)	4:15 p.m. (604751) 7:15 p.m. (604752)
<u>Swim Kids 7</u> (6 – 12 yrs)	4:15 p.m. (604757) 7:15 p.m. (604758)	4:15 p.m. (604761) 6:30 p.m. (604762)	3:30 p.m. (604763) 6:30 p.m. (604764)
<u>Swim Kids 8</u> (6 – 12 yrs)	4:15 p.m. (605523) 7:15 p.m. (604770)	4:15 p.m. (604773) 6:30 p.m. (604774)	3:30 p.m. (604775) 6:30 p.m. (614305)
<u>Swim Kids 9</u> (6 – 12 yrs)	6:30 p.m. (604779)	5:45 p.m. (604782)	4:15 p.m. (604783)
<u>Swim Kids 10</u> (6 – 12 yrs)	6:30 p.m. (604651)	5:45 p.m. (604654)	4:15 p.m. (604655)

## ADULT (16 YRS & UP)

<u>Adult: Beginner</u>	8 p.m. (605286)		8 p.m. (605013)
<u>Adult: Intermediate</u>		7:30 p.m. (605015)	
<u>Adult: Advanced</u>		7:30 p.m. (605011)	