

# **CALENDAR**

Monday, Jan. 31 **Council-in-Committee** 2 p.m.

**Regular Council** 7 p.m. coquitlam.ca/council coquitlam.ca/agendas

> **PUBLIC HEARING DETAILS** See pages 24 and 25

**COUNCIL MEETING DETAILS** See page 26

coquitlam.ca/calendar

WHAT'S NEW?

### **Lunar New Year Lunch at Glen Pine Pavilion**

Celebrate the Year of the Tiger with a delicious meal at Glen Pine Pavilion's Lemon Tree Café on Tuesday, Feb. 1, 11:30 a.m. – 1 p.m. This meal is a special addition to the regular cafeteria meal service and is prepared in limited quantity. The menu includes fried rice, chop suey and sweet and sour pork. The Lunar New Year lunch specials are available on a first-come, first-served basis. Cost is \$8. No pre-registration is required.

#### **Paper Lanterns Workshop**

Explore a form of paper art by making lanterns using intricate cutting and designs with a paper lantern workshop at Glen Pine Pavilion on Feb. 5, 1-2:30 p.m. Celebrate the cultural tradition of the Lunar New Year and other global festivals where lanterns decorate and brighten up special events. No previous arts and crafts experience required. Must be 19+. Supplies are included, registration is required. Cost: \$10.50. To register, go to **coquitlam.ca/registration** and search course ID #79437.

# **Celebrate Black History Month with Coquitlam** Heritage

Celebrate African culture in Canada at Mackin House with a Black History Month Family Day on Saturday, Feb. 15. The event will feature food, performances, an interactive drum circle, crafts, and a presentation by the African Descent Society of BC.

Coquitlam Heritage is also hosting an online exhibit called "We've Been Here All Along" on uncovering B.C.'s Black History. The online exhibit compiles a selection of stories and contributions from historic and contemporary Black communities, their achievements, and their struggles. To learn more, visit coquitlamheritage.ca

**FITNESS AND FUN** 

## **Indoor and Outdoor Group Fitness Return**

In-person group fitness has returned! Outdoor spin classes require pre-registration, which opens 48 hours prior to the start of each class. All indoor classes are drop-in, first-come, first-serve.

Masks are highly recommended for indoor fitness, however participants may remove masks while actively exercising. Physical distancing measures will be in place in addition to reduced maximum capacities.

To view our current group fitness schedule, or to pre-register for an outdoor spin class, please visit coquitlam.ca/dropin.

Free and low-cost virtual fitness options will continue to be offered — details can be found at coquitlam.ca/fitness.

## **PSLC and CCAC Weight Rooms are Open**

Weight rooms at Poirier Sport and Leisure Complex (PSLC) and City Centre Aquatic Complex (CCAC) have reopened to the public with pre-registered time blocks, distancing and capacity limits.

Masks are required for all staff and patrons when not actively exercising. Registration for weight room time blocks will be open 48 hours in advance. At this time, both Glen Pine and Pinetree weight rooms remain closed due to spacing requirements.

To register for a weight room time block, visit coquitlam.ca/registration.

Looking for more info on events and activities in Coquitlam?

Check out visitcoquitlam.ca



Register for Spring Swimming and Skating Lessons Wednesday, Feb. 2

Spring 2022 recreation program registration is coming up with two dates to watch for—one for skating and swimming and one for general recreation and fitness.

Skating and swimming programs will be visible online starting Monday, Jan. 31 at 8:30 a.m., with registration beginning Wednesday, Feb. 2 at 8:30 a.m.

More than just lessons for kids, Coquitlam offers a variety of swimming and skating programs, including swimming lessons for all ages, from 6 months to adult; advanced aquatic lifesaving and lifeguarding courses; skating lessons for those two years and older; and hockey programs for those three years and older.

Register online at coquitlam.ca/registration (available 24 hours a day, seven days a week); phone-in at **604-927-4386**, weekdays 8:30 a.m. to 6 p.m. (except for statutory holidays), and weekends 10 a.m. to 2 p.m.; or sign up in person during facility operating hours.

General recreation and fitness programs will be visible online starting Monday, Feb. 28 at 8:30 a.m., with registration beginning Wednesday, March 2 at 8:30 a.m.











