

## CALENDAR

## Thursday, July 14

## Tree Spree Tree Canopy Walk

9 – 11 a.m.  
Mundy Park  
[coquitlam.ca/parkspark](http://coquitlam.ca/parkspark)

## Friday, July 15

## Summer Concert Series

6 – 9 p.m.  
Town Centre Park  
[coquitlam.ca/summerconcerts](http://coquitlam.ca/summerconcerts)

## Saturday, July 16

## Tree Spree Nature Walk

1 – 2:30 p.m.  
Mundy Park  
[coquitlam.ca/parkspark](http://coquitlam.ca/parkspark)

## Monday, July 20

## Multiculturalism Advisory Committee Meeting

7 – 9 p.m.  
Council Chambers  
[coquitlam.ca/council](http://coquitlam.ca/council)  
[coquitlam.ca/agendas](http://coquitlam.ca/agendas)

PUBLIC HEARING  
DETAILS

See pages 26, 27 and 28

## WHAT'S NEW?

## Summer Concert Series in Town Centre Park Returns

The Summer Concert Series, presented by Coquitlam Centre, kicks off this Friday, July 15, on the TD Community Plaza stage at Town Centre Park. Enjoy rocking performances by Redeye Empire (6 – 7 p.m.) and Beau Wheeler (7:45 – 9 p.m.), plus delicious eats from food trucks Munchu Picchu and Little oOtie's Mini Donuts.

For more information about this free event, visit [coquitlam.ca/summerconcerts](http://coquitlam.ca/summerconcerts)

## HAVE YOUR SAY

## Give Your Feedback for a Chance to Win

Did you attend this year's Canada Day in Coquitlam? We want to hear from you! Visit [coquitlam.ca/canadadaysurvey](http://coquitlam.ca/canadadaysurvey) to take the event survey for a chance to win a \$500 Coquitlam Centre gift card. The survey will be open until 11:59 p.m., this Friday, July 15.

## FITNESS AND FUN

## Cooking for Optimal Immunity

Cooking and immunity – how do they relate? In this workshop, we'll discuss a variety of anti-inflammatory foods and how to boost your immunity with diet. Gain knowledge on nutrition and develop food preparation skills with hands-on cooking opportunities lead by the instructor on Wednesday, Aug. 3 and 10 from 6 – 8 p.m. at Dogwood Pavilion (Course ID# 93069). To register online, go to [coquitlam.ca/registration](http://coquitlam.ca/registration) and click Register for Programs. In the keyword search bar, type the Course ID# to view the program, or call 604-927-4386.

## LOOKING FOR A FOREVER HOME

## Leash Up in Coquitlam Parks

The City aims to create parks that are user-friendly for everyone, including dogs. Please remember to leash up your dogs unless you are in one of the City's designated off-leash areas. Your dog may be friendly and well behaved, but other dogs and people may find it scary to have an off-leashed dog approach them.

Coquitlam has six off-leash dog parks for you to enjoy with your pet. For more information, including locations, visit [coquitlam.ca/dogparks](http://coquitlam.ca/dogparks). Don't forget to clean up after your pup!

## TRAFFIC HOT SPOTS

## Plan Ahead for Summer Roadwork

During the summer months there is an increase in roadwork as City crews and contractors take advantage of warmer weather to bring improvements to the community. To ensure everyone can plan ahead, we send letters to homes and businesses on roads that are directly impacted by the work. For the greater community, electronic signage is installed to inform you about the work taking place. To lessen impacts on busy arterial routes, sometimes work is done during non-peak hours or in the evening.

See below for a list of current roadwork projects:

- Cedar Drive Upgrade Project: July through to fall 2022  
[coquitlam.ca/cedardrive](http://coquitlam.ca/cedardrive)
- Como Lake Avenue repaving from Clarke Road to Mariner Way: July and August 2022
- Gatensbury Street Improvement Project (Como Lake Park to Port Moody border): Underway with completion in fall 2022  
[coquitlam.ca/gatensbury](http://coquitlam.ca/gatensbury)
- Victoria Drive Storm Diversion Sewer (detour between Baycrest Avenue and Pollard Street): July and August 2022  
[coquitlam.ca/cedardrive](http://coquitlam.ca/cedardrive)

Tips for when work is taking place in your neighbourhood:

- Watch for work crews and equipment
- Obey all traffic control personnel and signs, including construction speed limits
- Use alternate routes to avoid delays

Sign up for Road Work and Construction NotifyMe direct emails at [coquitlam.ca/notifyme](http://coquitlam.ca/notifyme).

Looking for more info  
on events and  
activities in Coquitlam?

Check out  
[visitcoquitlam.ca](http://visitcoquitlam.ca)

## Get Creative in Art Classes at Dogwood

Adults can get creative and learn a new skill in art programs offered by the City at Dogwood Pavilion this summer. To register online, go to [coquitlam.ca/registration](http://coquitlam.ca/registration) and click Register for Programs. In the keyword search bar, type the Course ID# to view the program, or call 604-927-4386.

## Intro to Hand Lettering (19+)

From 3D block lettering to cursive script, turn simple letters into works of art with step-by-step instruction. We'll learn to hand draw a new font each week.

- Date: Sunday, July 17 and 24
- Time: 9 – 10:30 a.m.
- Cost: \$19
- Course ID#: 90997

## Drawing Zentangles: Roses (19+)

Be inspired by the rose garden at Dogwood Pavilion and learn how to create a zentangle rose in this introductory program. Zentangle art is a great way to relax and create. Build confidence in your creation with the support of the class instructor, local artist Danica Noort.

- Date: Monday, Aug. 15
- Time: 6 – 8 p.m.
- Cost: \$15
- Course ID#: 91796

Sign Me Up  
Coquitlam Recreation