

CALENDAR

Thursday, Jan. 12 Blast from the Past Night at Lights at Lafarge 5:30 – 8:30 p.m. Town Centre Park coquitlam.ca/parkspark

Friday, Jan. 13 Pirate Parrr-ty Night at Lights at Lafarge 5:30 – 8:30 p.m. Town Centre Park coquitlam.ca/parkspark

Saturday, Jan. 14 Dog Walk Night at Lights at Lafarge 5:30 – 8:30 p.m. Town Centre Park coquitlam.ca/parkspark

Monday, Jan. 16 Council-in-Committee 2 p.m.

Regular Council 7 p.m. coquitlam.ca/council coquitlam.ca/agendas

> Council Meeting Details See page 23

coquitlam.ca/calendar

What's News? How Property Assessments Impact Property Taxes

If you own your home, you will have recently received your annual property assessment. But what does that mean for your property taxes? A change in your property value does not necessarily result in a corresponding change in your property taxes. Property tax changes are driven by how much your value changed relative to the average change of the surrounding homes in your community. If you are about average, taxes may stay the same. If above average, taxes may go up. Below average, taxes may go down. That average change is included on your assessment notice. At the end of the day, no matter how much property values go up or down, the City only collects the amount it needs to deliver the services it plans to provide — as laid out in the annual budget. Learn more at **bcassessment.ca/propertytax**.

Fitness and Fun Discover Movement You Love

Fitness resolutions don't have to be intimidating. Coquitlam Recreation offers lots of drop-in group fitness classes so you can try new movement without the commitment.

We offer a variety of fitness classes for everyone, including Aquafit, Hatha Yoga and Tai Chi. To get your heart pumping, try one of the Cardio Core Conditioning classes, Iron & HIIT, Pilates or even Zumba.

You can view drop-in schedules at **coquitlam.ca/aquatics** and **coquitlam.ca/fitness**.

If you want to work out in the weight room but you're unsure what equipment to use or where to start, talk to one of our knowledgeable weight room attendees.

Looking Out for the Environment Collection Reminders Just for You!

Winter weather, including snow and ice accumulations, can impact garbage and green cart collection. Download the free Coquitlam Curbside Collection app for weekly collection day reminders and instant notifications if your service is going to be disrupted.

For more information, to download the app or to sign up for email or phone call reminders, please visit **coquitlam.ca/recollect**. You can even download and print out a personalized collection calendar.

For help signing up, call **604-927-3500** or email **wastereduction@coquitlam.ca**.

Looking for a Furever Home Still Time to Renew Dog Licences at Discounted Rate

There's no place like home! Protect your pet with an easy-toidentify dog tag and registration with the City of Coquitlam. Purchase or renew before Feb. 1 and receive a discounted rate. Should your pet ever be lost, it's a fast track home. Plus, licence fees help support the animals at the Coquitlam Animal Shelter. To register or renew online, visit coquitlam.ca/dogs.

Looking for more info on events and activities in Coquitlam? Check out visitcoquitlam.ca

Coquitlam



Start Healthy Eating Habits



If you're looking to make healthy changes to your meals in 2023, check out these three programs starting soon.

Learn how to make food that supports immunity in Wellness, Nutrition for Optimal Immunity (course ID# 103555), perfect broth for veggie-packed soups in Winter Soups (course ID# 104504) and take your salads to the next level with Healthy Salad Dressings (course ID# 111433).

To register for these programs and more, go to **coquitlam.ca/registration** and click Register for Programs. In the Adult section, click Lifelong Learning and open the Cooking and Wellness dropdowns to see available programs, or call **604-927-4386**.