

Calendar

Monday, April 17

Council-in-Committee
2 p.m.

Regular Council
7 p.m.
coquitlam.ca/council
coquitlam.ca/agendas

**Council Meeting
Details**
See page 31

**Public Hearing
Details**
See pages 38 and 39

coquitlam.ca/calendar

Celebrating Our Volunteers

As we celebrate National Volunteer Week, April 16 to 22, Coquitlam City Council and staff would like to thank the many volunteers who support important programs and services throughout our community. The thousands of hours contributed every year allow us to extend our reach and impact in the community.

Volunteers help keep Coquitlam safe and clean, protect our environment, and support seniors and those in need. Volunteers make our community programs and civic events a success, fostering an inclusive, dynamic environment where all are welcome.

Volunteering is also a great way to gain skills and experience while learning about the City's programs and services for anyone who might be considering a career with Coquitlam.

To all of Coquitlam's volunteers — thank you for making a difference in our community.

Volunteer Spotlight



"For me volunteering is my whole world and it's about my son. It is the best way for me to see and give back to the community which has embraced us. So well organized and forthcoming. Every day is amazing and a new learning for me."

— Amita, General Recreation Volunteer

"A combination of retirement and relocating to a new city led me to research volunteer opportunities in Coquitlam. At first I was hesitant but after attending the volunteer orientation I realized the wide variety of opportunities and flexible hours. Volunteering has provided me with new connections, a greater sense of community, fulfillment and much joy.

I would definitely encourage anyone who is thinking about volunteering to go for it!"

— Donna, Dogwood Pavilion, Stroke Recovery Group Volunteer



"I signed up to be a volunteer because I needed hours for school but once I completed those hours I liked it so much that I stayed on. I've made it a habit to try to volunteer at least once a week. My friend also signed up to be a volunteer, so we often try to plan to volunteer on the same days. I love interacting with the kids, hearing their stories and helping them learn something new."

— Piette, Maillardville Community Centre Volunteer

City Volunteer Opportunities

If you're looking to give back to the community, gain experience or volunteer hours or just try something new, there is a volunteer opportunity for you. To learn more about current opportunities and to sign up online, visit coquitlam.ca/volunteer.

- **Adopt Programs** — Through the various "adopt-a" programs, individuals, families, groups or businesses can help take care of park features, city roads, catch basins and more.
- **Special Events** — Help out at fun community events such as Canada Day, Summer Concert Series, Kaleidoscope Arts Festival and more.
- **Community Policing** — Work with the public in the Community Police Station and help write reports, patrol neighbourhoods and champion new initiatives.
- **Recreation** — Help out the City's recreation team in a wide variety of areas, including swimming, skating, fitness, aquatics, outdoor recreation, children and seniors' programs.
- **Meaningful Meals** — Volunteer as a driver to deliver meals to seniors and engage in social conversation.
- **Social Connections Program** — Get matched with a local senior and connect with them through a fun and friendly weekly phone call.
- **Park Spark** — Get outside for drop-in activities, park and garden projects and ongoing park-care activities.
- **Tree Spree / Coquitlam in Bloom** — Help our community's green spaces and tree canopy by attending tree-planting events, public education sessions and more.
- **Bad Seed** — Participate in organized invasive plant pulls and assist at Bad Seed events.