Calendar

Friday, July 21
Emergency Services
Show 'n Shine
9 a.m. – 1 p.m.
Poirier Sport and
Leisure Complex

Saturday, July 22 Bad Seed Weed Pull at Como Lake

2 – 4 p.m. Como Lake Park coquitlam.ca/BadSeed

Wednesday, July 26 Bad Seed Weed Pull at Nestor Park

4 – 6 p.m. Nestor Park coquitlam.ca/BadSeed

Public Hearing Details
See pages 36 and 37

coquitlam.ca/calendar

Building an Inclusive Community

Free Recreation Admission for Support Persons

Patrons who require direct support to safely enjoy City services can bring a support person to a program at no additional cost. It is expected the support person will be with the customer throughout their program and be fully engaged in assisting them for the duration of their visit. Please let the front reception staff know upon arrival.

To learn more about how Coquitlam strives to provide community recreation experiences for people of all ages and abilities, please visit coquitlam.ca/RecAccess.

Fitness and Fun

Summer Concert Series Survey

Did you attend the Queer as Funk concert at Town Centre Park on July 14? Complete our feedback survey for a chance to win a \$50 gift card from our Event Survey Partner, Coquitlam Centre.

The Summer Concert Series has two more great performances to offer:

- Aug. 4 The Promised
- Sept. 1 Krystle Dos Santos

For details and to complete the survey visit coquitlam.ca/SummerConcerts.

Looking for more info on events and activities in Coquitlam?

Check out visitcoquitlam.ca



Fall Swim and Skate Registration Opens July 26

Fall Swim and Skate programs will be visible online starting on June 21. Registration then opens on July 26 at 8:30 a.m.

Looking to register for General Recreation, Fitness and Parks programs? They will be visible online starting on Aug. 14 with registration opening on Aug. 16 at 8:30 a.m.

View and register for programs at coquitlam.ca/registration.

Neighbourhood News

Be a Good Neighbour in our Parks

Visiting one of Coquitlam's many parks this weekend? Help us keep our natural environment clean by packing out all of the garbage that you bring in with you. Whether you're looking to explore a new area or beat the heat, be a good neighbor and pack out what you pack in. Also remember to never litter cigarette butts – doing so can result in a fine of \$150.

If you have a question, or a concern, please contact Bylaw Enforcement:

- By email: BylawEnforcement@coquitlam.ca
- By phone: 604-927-3580

To learn more about how to be a good neighbour, please visit coquitlam.ca/GoodNeighbours.

Traffic Hot Spots

Road Work and Construction

City crews and contractors will be taking advantage of warm summer weather to bring transportation and infrastructure improvements to the community. Here are tips to ensure everyone's safety:

- · Watch for work crews and equipment
- Obey all traffic control personnel and signs, including construction speed limits
- Use alternate routes to avoid delays
- "Anticipated start and end dates" are subject to change
 Consider signing up for Road Work and Construction News
 Flash direct emails at coquitlam.ca/NotifyMe. You can also stay informed by following the City on our social media channels
 Facebook, Twitter and Instagram, where we update regularly with Traffic Hot Spots.

Keeping our Community Safe Emergency Services Show 'n Shine

Have you ever wanted to see an armored vehicle up close? How about a Search and Rescue command centre? Join Coquitlam RCMP on Friday, July 21 from 9 a.m. to 1 p.m. for an Emergency Services Show n' Shine at the Poirier Sport and Leisure Complex (633 Poirier St.).

This free event gives you and your family the chance to explore, connect and have fun while learning about a wide variety of emergency services. There will be live music by Avalon Valley and the Teapressu food truck will be on site selling treats.