



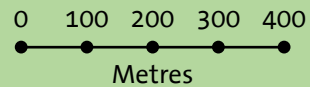
Coquitlam Crunch Trail



This popular trail extends 2.9 km to the top of Westwood Plateau with a 261 metre (860 foot) elevation gain.

Hikers and fitness walkers enjoy views of the city on this challenging uphill climb.

This trail consists of steep terrain, including 300 continuous metres of stairs; trail users should use caution when descending on gravel portions of the trail.



Legend

- Parking
- Washroom
- Eagle Ridge Pool
- Dog Off-Leash Area