

Volunteer Week

Volunteer Outreach Activities Celebrate National Volunteer Week in Coquitlam by connecting with your community!
Activities are suitable for all ages, unless otherwise noted.



Sunday, April 14

Inspiration Garden Volunteering Drop-In

at Town Centre Park (Inspiration Garden)

Kick off National Volunteer Week and get involved, share knowledge, learn new skills and make a difference while enhancing Coquitlam's outdoor park spaces. Stop by the Town Centre Inspiration Garden and BEE inspired!

9:30 – 12:30 p.m.

Tuesday, April 16

Inspiration Garden Volunteering Drop-In

at Town Centre Park (Inspiration Garden)

Celebrate National Volunteer Week and get involved, share knowledge, learn new skills and make a difference while enhancing Coquitlam's outdoor park spaces. Stop by the Town Centre Inspiration Garden and BEE inspired!

9:30 – 12:30 p.m.

Wednesday, April 17

Park Spark Litter Cleanup

at Town Centre Park (meet at the Community Plaza)

Keep our outdoor park spaces SPARKling! Get involved, take ownership and make a difference by joining the Park Spark team to keep Coquitlam parks and trails litter free.

3 – 4 p.m.

For more information or questions, please contact Community Services at volunteers@coquitlam.ca or 604-927-6076.

Friday, April 19

Volunteering Information Session

at City Hall Council Chambers

Close out National Volunteer Week by discovering ways to get involved with volunteering at the City of Coquitlam! Learn about current opportunities and how to apply to become a volunteer.

9:30 – 10:15 a.m.

Alive After 5 – New and Young Workers Health and Safety Workshop (13 – 18 years)

at City Hall Council Chambers

The Alive After Five Young Worker Awareness Program of the BC Federation of Labour is an innovative initiative that educates young workers and includes discussion on hazard recognition, your 4 basic rights, injury reporting, and information on WorkSafe BC.

10:30 – 12 p.m.

Bad Seed Invasive Plant Removal

at Mundy Park (meet at the Hickey Street Entrance)

Join the Park Spark and Bad Seed team to remove invasive English ivy from Mundy Park. Get outside and get active pulling this aggressive plant while connecting with like-minded people in your community! No experience necessary – training and tools are provided. This event will run rain or shine. Please wear clothing and shoes that are appropriate for the weather and bring a water bottle.

11 – 1 p.m.

Park Spark Youth Urban Garden Team (18 years or younger)

at Town Centre Park (Inspiration Garden)

Test out your green thumb and have fun with the Youth Urban Garden team at the Inspiration Garden in Town Centre Park.

4 – 6 p.m.