Coquitlam Crunch Trail Finish This popular trail extends 2.2 km to the top of Finish elevation Westwood Plateau with an is 280 metres 800 foot elevation gain. (920 feet) Hikers and fitness walkers Tanglewood enjoy views of the city on Tot Lot this challenging uphill climb. This trail consists of steep Eagle \ terrain beginning with 300 continuous metres of stairs; trail users should use caution when descending on Field Bramble gravel portions of the trail. **†**|† Bramblewood 100 200 300 **—**Elementary Metres Panorama Dr North Lansdowne Sport Courts Legend **T** Summit Middle Mid-point School Parking elevation **David Ave** is 180 metres Washrooms (590 feet) Coquitlam • Crunch Trail Dog Off-Leash Area Bluebell Scott Creek Ravine Steeple Crt Walton **Forest** Lansdowne Dr **Start** Start elevation Eagle Ridge is 38 metres Guildford (125 feet) Scott Creek Elementary Gleneagle Coouitlam Lacrosse Secondary Eagle Ridge Park