




Holiday Fitness Drop-in Schedule

In Effect Dec. 21 to 27

Fitness Studio

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
*Zumba® 10:45 - 11:45 a.m.	*Zumba® 7:15 - 8:15 p.m.	*Zumba Toning® 9:30 - 10:30 a.m. *Zumba® 5:30 - 6:30 p.m.		Facility Closed Happy Holidays!		
					Scan for the most up-to-date schedule 	
					Updated 12/01/2025	

Schedule subject to change without notice. *Pre-registration is required for this program. ** Adult participation required.