





# Aquatic Drop-in Schedule

In Effect Mar.28 to June.27

## Leisure Pool - Aquatic Fitness Classes


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>Aquafit Gentle</b> 8:30 – 9:30 a.m.	<b>Aquafit Gentle</b> 8:30 – 9:30 a.m.	<b>Aquafit Gentle</b> 8:30 – 9:30 a.m.	<b>Aquafit Gentle</b> 8:30 – 9:30 a.m.	<b>Aquafit Gentle</b> 8:30 – 9:30 a.m.	

## Main Pool - Aquatic Fitness Classes

<b>Deep Water Aquafit</b> 9:30 – 10:30 a.m.	<b>Shallow Water Aqua Zumba</b> 9:45 – 10:45 a.m.	<b>Deep Water Aquafit</b> 9:45 – 10:45 a.m.	<b>Shallow Water Aquafit</b> 9:45 – 10:45 a.m.	<b>Deep Water Aquafit</b> 9:45 – 10:45 a.m.	<b>Shallow Water Aqua Zumba</b> 9:45 – 10:45 a.m.	<b>Deep Water Aquafit</b> 10:00 – 11:00 a.m.
	<b>Deep Water Aquafit</b> 11:45 a.m. – 12:45 p.m.	<b>Shallow Water Aquafit</b> 11:45 a.m. – 12:45 p.m.		<b>Shallow Water Aquafit</b> 11:45 a.m. – 12:45 p.m.	<b>Deep Water Aquafit</b> 11:45 a.m. – 12:45 p.m.	
	<b>Shallow Water Aquafit</b> 1:00 – 2:00 p.m.	<b>Deep Water Running</b> 1:15 – 2:15 p.m.		<b>Deep Water Aquafit</b> 1:15 – 2:15 p.m.	<b>Shallow Water Aquafit</b> 1:00 – 2:00 p.m.	
	<b>Shallow Water Aquafit</b> 7:45 – 8:45 p.m.	<b>Deep Water Aquafit</b> 8:15 – 9:15 p.m.	<b>Shallow Water Aquafit</b> 7:45 – 8:45 p.m.	<b>Deep Water Aquafit</b> 8:15 – 9:15 p.m.	<b>Aqua Zumba</b> 7:45 – 8:45 p.m.	

Schedule subject to change without notice. \*Pre-registration is required for this program. \*\* Adult participation required.

## Special Information

<b>Facility Hours</b> Sunday 7:00 a.m. – 10:30 p.m.  Monday to Saturday 5:30 a.m. – 10:30 p.m.	<b>Slide &amp; Diving Board</b> 10:30 a.m. – 8:30 p.m. Periodically Available  <b>Waves in Leisure Pool</b> 10:30 a.m. – 8:30 p.m. Periodically Available	<b>Statutory Holidays &amp; Womens Only Swim</b> April 3 & 6, May 18  Womens Only Swim 8:00 a.m. – 10:00 a.m.  Holiday Hours 10:30 a.m. – 10:30 p.m.	<b>Tournaments &amp; Swim Meets</b>  April 24 – 26 May 16 – 17  Check website for schedule updates	<b>Scan for the most up-to-date schedule</b>   Updated 03/23/2026
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