



Pool Schedule

In Effect July 6 to Sept 6

Mundy Park Pool

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Public Swim* 11 a.m. - 2 p.m. 2 Lanes	Lap Swim 9 a.m. - 3 p.m. 2 Lanes	Lap Swim 9 - 10 a.m. 4 Lanes	Lap Swim 9 a.m. - 3 p.m. 2 Lanes	Lap Swim 9 - 10 a.m. 4 Lanes	Lap Swim 9 a.m. - 3 p.m. 2 Lanes	Public Swim* 11 a.m. - 2 p.m. 2 Lanes
Public Swim* 2:30 - 5:30 p.m. 2 Lanes	Lap & Leisure 3 - 4 p.m. 4 Lanes	Lap Swim 10 - 11 a.m. 2 Lanes	Lap & Leisure 3 - 4 p.m. 4 Lanes	Lap Swim 10 - 11 a.m. 2 Lanes	Lap & Leisure 3 - 4 p.m. 4 Lanes	Public Swim* 2:30 - 5:30 p.m. 2 Lanes
Public Swim* 6 - 8:30 p.m. 2 Lanes		Lap & Leisure 11 a.m. - 3 p.m. 4 Lanes		Lap & Leisure 11 a.m. - 3 p.m. 4 Lanes		Public Swim* 6 - 8:30 p.m. 2 Lanes
	Lap Swim 4 - 8:30 p.m. 2 Lanes	Lap Swim 4 - 8:30 p.m. 2 Lanes	Lap Swim 4 - 8:30 p.m. 2 Lanes	Lap Swim 4 - 8:30 p.m. 2 Lanes	Lap Swim 4 - 8:30 p.m. 2 Lanes	
WIBIT 11 a.m. - 5:30 p.m.						WIBIT 11 a.m. - 5:30 p.m.

Schedule subject to change without notice. *Pre-registration is required for this program. ** Adult participation required.

Special Information

Lap Swim Lanes are available for length swimming (8 yrs+)	Public Swim* Pre-registration recommended; limited drop-in spots available	Facility Hours Mon-Fri 9 a.m. - 8:30 p.m. Sat - Sun 11 a.m. - 8:30 p.m.	Statutory Holidays August 3 Holiday Hours 9 a.m. - 8:30 p.m.	Scan for the most up-to-date schedule Updated 06/25/2026	
Leisure Swim Space available for water walking and leisure swimming					



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Mundy Park Pool

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Public Swim* 11 a.m. - 2 p.m.	Leisure & Lap 9 - 10 a.m. 1 Lane	Leisure Swim 9 - 10 a.m.	Leisure & Lap 9 - 10 a.m. 1 Lane	Leisure Swim 9 - 10 a.m.	Leisure & Lap 9 - 10 a.m. 1 Lane	Public Swim* 11 a.m. - 2 p.m.
Public Swim* 2:30 - 5:30 p.m.	Leisure Swim 10 - 11 a.m.	Leisure & Lap 10 - 3:30 p.m. 1 Lane	Leisure Swim 10 - 11 a.m.	Leisure & Lap 10 - 3:30 p.m. 1 Lane	Leisure Swim 10 - 11 a.m.	Public Swim* 2:30 - 5:30 p.m.
Public Swim* 6 - 8:30 p.m.	Leisure & Lap 11 - 8:30 p.m. 1 Lane	Leisure Swim 3:30 - 8:30 p.m.	Leisure & Lap 11 - 8:30 p.m. 1 Lane	Leisure Swim 3:30 - 8:30 p.m.	Leisure & Lap 11 - 8:30 p.m. 1 Lane	Public Swim* 6 - 8:30 p.m.

Aquafit Classes

	Shallow Water Aquafit 10 - 11 a.m. Lap Pool Deep Water Aquafit 11:30 a.m. - 12:30 p.m. Leisure Pool		Shallow Water Aquafit 10 - 11 a.m. Lap Pool Deep Water Aquafit 6:30 - 7:30 p.m. Lap Pool	Deep Water Aquafit 7 - 8 p.m. Lap Pool		
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Schedule subject to change without notice. *Pre-registration is required for this program. ** Adult participation required.

Special Information

Public Swim* Pre-registration recommended; limited drop-in spots available	Aquafit Descriptions Shallow Water Aquafit Moderate cardio to improve muscle tone and balance. Deep Water Aquafit High-intensity workout for limited mobility or injury recovery.	Gentle Aquafit Light movement for limited mobility or injury recovery. Light movement for limited mobility or injury recovery.	Scan for the most up-to-date schedule Updated 06/25/2026
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