



Pool Schedule

In Effect Sept 8 to Jan 2

Mundy Park Pool

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Lap Swim 11 a.m. - 1 p.m. 4 Lanes	Lap Swim 6 - 9:30 a.m. 3 Lanes	Lap Swim 6 - 9:30 a.m. 3 Lanes	Lap Swim 6 - 9:30 a.m. 3 Lanes	Lap Swim 6 - 9:30 a.m. 3 Lanes	Lap Swim 6 - 9:30 a.m. 3 Lanes	Lap Swim 11 a.m. - 1 p.m. 4 Lanes
Lap Swim 1 - 7:30 p.m. 2 Lanes	Lap Swim 9:30 - 11 a.m. 4 Lanes Aquafit No Lanes 11 a.m - 12 p.m. Lap Swim 12 - 4 p.m. 4 Lanes Pool Rental No Lanes 4 - 5:30 p.m. Lap & Leisure 5:30 - 7:30 p.m. 4 Lanes	Lap & Leisure Swim 9:30 a.m. - 1:30 p.m. 4 Lanes Lap Swim 1:30 - 4:30 p.m. 2 Lanes Pool Rental No Lanes 4:30 - 6:30 p.m. Lap & Leisure 6:30 - 7:30 p.m. 3 Lanes	Lap Swim 9:30 a.m. - 4 p.m. 4 Lanes Pool Rental No Lanes 4 - 5:30 p.m. Lap & Leisure 5:30 - 7:30 p.m. 4 Lanes	Lap & Leisure Swim 9:30 a.m. - 1:30 p.m. 4 Lanes Lap Swim 1:30 - 4:30 p.m. 2 Lanes Pool Rental No Lanes 4:30 - 6:30 p.m. Lap & Leisure 6:30 - 7:30 p.m. 3 Lanes	Lap Swim 9:30 a.m. - 4 p.m. 4 Lanes Lap & Leisure 4 - 7:30 p.m. 4 Lanes	Lap Swim 1 - 7:30 p.m. 2 Lanes
WIBIT 1 - 7:30 p.m.						WIBIT 1 - 7:30 p.m.

Schedule subject to change without notice. *Pre-registration is required for this program. ** Adult participation required.

Special Information

Lap Swim Lanes are available for length swimming (8 yrs+)	Facility Hours Leisure Pool 11 a.m. - 7:30 p.m. Lap Pool Monday - Friday 6:30 a.m. - 7:30 p.m. Saturday/Sunday 11 a.m. - 7:30 p.m.	Statutory Holidays September 7, September 30 Holiday Hours 11 a.m. - 7:30 p.m.	Scan for the most up-to-date schedule  Updated 08/12/2026
Leisure Swim Space available for water walking and leisure swimming			

Lap Pool



Fall 2026

Pool Schedule

In Effect Sept 8 to Jan 2

Mundy Park Pool

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Leisure & Lap 11 a.m. - 12 p.m. 1 Lane Leisure Swim 12 - 7:30 p.m.	Leisure & Lap 11 - 8:30 p.m. 1 Lane	Leisure & Lap 11 - 4 p.m. 1 Lane Leisure Swim 4 - 7:30 p.m.	Leisure & Lap 11 - 8:30 p.m. 1 Lane	Leisure & Lap 11 a.m. - 4 p.m. 1 Lane Leisure Swim 4 - 7:30 p.m.	Leisure & Lap 11 a.m. - 8:30 p.m. 1 Lane	Leisure & Lap 11 a.m. - 12 p.m. 1 Lane Leisure Swim 12 - 7:30 p.m.

AquaFit Classes

	Shallow Water AquaFit 11 a.m - 12 p.m. Lap Pool Gentle AquaFit 12:30 - 1:30 p.m. Leisure Pool					
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Schedule subject to change without notice. *Pre-registration is required for this program. ** Adult participation required.

Special Information

AquaFit Descriptions Shallow Water AquaFit Moderate cardio to improve muscle tone and balance. Gentle AquaFit Light movement for limited mobility or injury recovery.				Scan for the most up-to-date schedule Updated 08/12/2026
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