

# SWIMMING LESSONS

## CITY CENTRE AQUATIC COMPLEX

# Fall/Winter 2018

LEVEL	OCT. 13 TO NOV. 4 SA/SU • 8 LESSONS	OCT. 13 TO DEC. 15 SA • 9 LESSONS	OCT. 14 TO DEC. 16 SU • 9 LESSONS	OCT. 15 TO NOV. 14 M/W • 10 LESSONS	OCT. 16 TO NOV. 15 TU/TH • 10 LESSONS
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### ADULT & CHILD

<b>Parent &amp; Tot 1</b> <b>Starfish</b> (4 – 12 mths)		10 a.m. (633213)	9 a.m. (633214)		10 a.m. (633215)
<b>Parent &amp; Tot 2</b> <b>Duck</b> (12 – 24 mths)			9:30 a.m. (633220)	10 a.m. (633219)	10 a.m. (633223)
<b>Parent &amp; Tot 3</b> <b>Sea Turtle</b> (24 – 36 mths)	10 a.m. (633227)	9:30 a.m. (633228)	10 a.m. (633225)	10 a.m. (633229)	

### PRESCHOOL (3 – 5 YRS)

<b>Preschool 1</b> <b>Sea Otter</b> (3 – 5 yrs)	9 a.m. (631991) 9:30 a.m. (631992)	9 a.m. (631971) 9 a.m. (631972) 9:30 a.m. (631973) 9:30 a.m. (631974) 9:30 a.m. (631975) 10 a.m. (631976) 10 a.m. (631977) 12:30 p.m. (631978) 12:30 p.m. (631979) 1 p.m. (631980) 1 p.m. (631981) 1:30 p.m. (631982) 1:30 p.m. (631983)	1:30 p.m. (631984) 1:30 p.m. (631985) 3:15 p.m. (631986) 3:15 p.m. (631987) 3:15 p.m. (631988)	9 a.m. (631928) 9:30 a.m. (631929) 4 p.m. (631930) 4 p.m. (631931) 4 p.m. (631932) 5:45 p.m. (631933) 5:45 p.m. (631934) 6:15 p.m. (631935) 6:15 p.m. (631936) 6:15 p.m. (631937)	9 a.m. (631938) 4 p.m. (631949) 4 p.m. (631950) 5:45 p.m. (631957) 5:45 p.m. (631969) 6:15 p.m. (631970) 6:15 p.m. (631989)
<b>Preschool 2</b> <b>Salamander</b> (3 – 5 yrs)	9 a.m. (632778)	9 a.m. (632763) 9 a.m. (632764) 9:30 a.m. (632765) 12:30 p.m. (632766) 12:30 p.m. (632767) 1 p.m. (632768) 1:30 p.m. (632769) 1:30 p.m. (632770)	1:30 p.m. (632771) 1:30 p.m. (632772) 3:15 p.m. (632773) 3:15 p.m. (632774) 3:15 p.m. (632775)	9 a.m. (632734) 4 p.m. (632735) 4 p.m. (632736) 5:45 p.m. (632737) 5:45 p.m. (632738) 6:15 p.m. (632739) 6:15 p.m. (632740)	9 a.m. (632748) 4 p.m. (632749) 5:45 p.m. (632750) 6:15 p.m. (632751)
<b>Preschool 3</b> <b>Sunfish</b> (3 – 5 yrs)	9:30 a.m. (632803)	9 a.m. (632798) 12:30 p.m. (632799) 1:30 p.m. (632800)	1:30 p.m. (632801) 3:15 p.m. (632802)	4 p.m. (632785) 5:45 p.m. (632786) 6:15 p.m. (632787)	9:30 a.m. (632791) 4 p.m. (632792) 6:15 p.m. (632807)
<b>Preschool 4</b> <b>Crocodile</b> (3 – 5 yrs)	10 a.m. (632817)	10 a.m. (632814) 1 p.m. (632815)	1:30 p.m. (632816)	9:30 a.m. (632808) 5:45 p.m. (632809)	9:30 a.m. (632835) 5:45 p.m. (632811)
<b>Preschool 5</b> <b>Whale</b> (3 – 5 yrs)	10 a.m. (632829)	10 a.m. (632827) 1 p.m. (632834)	1:30 p.m. (632828)	9:30 a.m. (632821) 5:45 p.m. (632822)	9:30 a.m. (632824) 5:45 p.m. (632833)

### CHILD (6 – 12 YRS)

<b>Swim Kids 1</b> (6 – 12 yrs)		10:45 a.m. (632863) 11:15 a.m. (632864) 11:45 a.m. (632865) 2:15 p.m. (632866) 2:45 p.m. (632867) 2:45 p.m. (632868) 3:15 p.m. (632869) 3:15 p.m. (632870)	2 p.m. (632871) 2:30 p.m. (632872) 2:30 p.m. (632873) 3:45 p.m. (632874) 3:45 p.m. (632875) 4:15 p.m. (632876) 4:15 p.m. (632877)	4:30 p.m. (632837) 4:30 p.m. (632838) 5 p.m. (632839) 6:45 p.m. (632840) 6:45 p.m. (632841)	4:30 p.m. (632849) 5 p.m. (632850) 6:45 p.m. (632851)
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NOTE: Participants cannot be registered for more than one set of lessons at a time and must successfully complete the prerequisite level before registering for the next level. Schedule subject to change.

# CITY CENTRE AQUATIC COMPLEX

LEVEL	OCT. 16 TO DEC. 18 TU • 10 LESSONS	OCT. 18 TO DEC. 20 TH • 10 LESSONS	OCT. 19 TO DEC. 21 F • 9 LESSONS	NOV. 17 TO DEC. 16 SA/SU • 10 LESSONS	NOV. 19 TO DEC. 19 M/W • 10 LESSONS	NOV. 20 TO DEC. 20 TU/TH • 10 LESSONS
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## ADULT & CHILD

<b>Parent &amp; Tot 1</b> <b>Starfish</b> (4 – 12 mths)				10 a.m. (633218)	10 a.m. (633216)	
<b>Parent &amp; Tot 2</b> <b>Duck</b> (12 – 24 mths)			10 a.m. (633221)		10 a.m. (633222)	10 a.m. (633224)
<b>Parent &amp; Tot 3</b> <b>Sea Turtle</b> (24 – 36 mths)			10 a.m. (633230)			10 a.m. (633226)

## PRESCHOOL (3 – 5 YRS)

<b>Preschool 1 Sea Otter</b> (3 – 5 yrs)	4 p.m. (631995) 5:45 p.m. (631996) 5:45 p.m. (631997) 6:15 p.m. (631998)	4 p.m. (632728) 5:45 p.m. (632729) 5:45 p.m. (632730) 6:15 p.m. (632731)	9 a.m. (631958) 9:30 a.m. (631959) 4 p.m. (631960) 4 p.m. (631961) 4 p.m. (631962) 4:30 p.m. (631963) 4:30 p.m. (631964) 4:30 p.m. (631965) 5:45 p.m. (631966) 5:45 p.m. (631967) 5:45 p.m. (631968)	9 a.m. (631993) 9:30 a.m. (631994)	9 a.m. (631939) 9:30 a.m. (631940) 5 p.m. (631941) 5 p.m. (631942) 5 p.m. (631943) 6:15 p.m. (631944) 6:15 p.m. (631945) 6:45 p.m. (631946) 6:45 p.m. (631947) 6:45 p.m. (631948)	9 a.m. (631951) 4 p.m. (631952) 4 p.m. (631953) 5:45 p.m. (631954) 5:45 p.m. (631955) 6:15 p.m. (631956)
<b>Preschool 2 Salamander</b> (3 – 5 yrs)	5:45 p.m. (632780) 6:15 p.m. (632781)	4 p.m. (632782) 5:45 p.m. (632783) 6:15 p.m. (632776)	9:30 a.m. (632756) 4 p.m. (632757) 4 p.m. (632758) 4:30 p.m. (632759) 4:30 p.m. (632760) 4:30 p.m. (632761) 5:45 p.m. (632762)	9 a.m. (632779)	9 a.m. (632741) 5 p.m. (632742) 5 p.m. (632743) 6:15 p.m. (632744) 6:15 p.m. (632745) 6:45 p.m. (632746) 6:45 p.m. (632747)	9 a.m. (632752) 9:30 a.m. (632753) 4 p.m. (632754) 4 p.m. (632755) 6:15 p.m. (632784)
<b>Preschool 3 Sunfish</b> (3 – 5 yrs)	6:15 p.m. (632805)	6:15 p.m. (632806)	9 a.m. (632795) 4 p.m. (632796) 4:30 p.m. (632836) 5:45 p.m. (632797)	9:30 a.m. (632804)	9:30 a.m. (632788) 5 p.m. (632789) 6:45 p.m. (632790)	9:30 a.m. (632793) 6:15 p.m. (632794)
<b>Preschool 4 Crocodile</b> (3 – 5 yrs)	4 p.m. (632819)		5:45 p.m. (632813)	10 a.m. (632818)	6:15 p.m. (632810)	5:45 p.m. (632812)
<b>Preschool 5 Whale</b> (3 – 5 yrs)	4 p.m. (632831)		5:45 p.m. (632826)	10 a.m. (632830)	6:15 p.m. (632823)	5:45 p.m. (632825)

## CHILD (6 – 12 YRS)

<b>Swim Kids 1</b> (6 – 12 yrs)	4:30 p.m. (632878) 6:45 p.m. (632879)	5 p.m. (632880) 6:45 p.m. (632881)	11 a.m. (632855) 5 p.m. (632856) 5 p.m. (632857) 6:15 p.m. (632858) 6:15 p.m. (632859) 6:45 p.m. (632860) 6:45 p.m. (632861)		4 p.m. (632843) 4:30 p.m. (632844) 4:30 p.m. (632845) 5:45 p.m. (632846) 5:45 p.m. (632847)	4:30 p.m. (632852) 5 p.m. (632853) 6:45 p.m. (632854)
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# CITY CENTRE AQUATIC COMPLEX

LEVEL	OCT. 13 TO DEC. 15 SA • 9 LESSONS	OCT. 14 TO DEC. 16 SU • 9 LESSONS	OCT. 15 TO NOV. 14 M/W • 10 LESSONS	OCT. 16 TO NOV. 15 TU/TH • 10 LESSONS
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## CHILD (6 – 12 YRS) CONT'D

<b><u>Swim Kids 2</u></b> (6 – 12 yrs)	10:45 a.m. (632904) 11:15 a.m. (632905) 11:45 a.m. (632906) 2:15 p.m. (632907) 2:15 p.m. (632908) 2:45 p.m. (632909) 3:15 p.m. (632910)	2 p.m. (632911) 2 p.m. (632912) 2:30 p.m. (632913) 3:45 p.m. (632914) 4:15 p.m. (632915)	4:30 p.m. (632882) 5 p.m. (632883) 5 p.m. (632884) 6:45 p.m. (632885)	5 p.m. (632892) 5 p.m. (632893) 6:45 p.m. (632894)
<b><u>Swim Kids 3</u></b> (6 – 12 yrs)	10:45 a.m. (632947) 11:15 a.m. (632948) 11:45 a.m. (632949) 11:45 a.m. (632950) 2:15 p.m. (632951) 2:15 p.m. (632952) 2:45 p.m. (632953) 3:15 p.m. (632954)	2 p.m. (632955) 2:30 p.m. (632956) 2:30 p.m. (632957) 3:45 p.m. (632958) 4:15 p.m. (632959) 4:15 p.m. (632960)	4:30 p.m. (632921) 5 p.m. (632922) 5 p.m. (632923) 6:45 p.m. (632924) 6:45 p.m. (632925)	4:30 p.m. (632933) 5 p.m. (632934) 6:45 p.m. (632935)
<b><u>Swim Kids 4</u></b> (6 – 12 yrs)	10:45 a.m. (632987) 10:45 a.m. (632988) 11:15 a.m. (632989) 11:15 a.m. (632990) 11:45 a.m. (632991) 2:45 p.m. (632992) 3:15 p.m. (632993)	2 p.m. (632994) 2 p.m. (632995) 2:30 p.m. (632996) 3:45 p.m. (632997) 3:45 p.m. (632998) 4:15 p.m. (632999)	4:30 p.m. (632965) 4:30 p.m. (632966) 5 p.m. (632967) 6:45 p.m. (632968)	4:30 p.m. (632975) 5 p.m. (632976) 6:45 p.m. (632977)
<b><u>Swim Kids 5</u></b> (6 – 12 yrs)	10:45 a.m. (633018) 11:30 a.m. (633024) 12:30 p.m. (633019) 1:15 p.m. (633020) 2:15 p.m. (633021) 3 p.m. (633022) 3:45 p.m. (633023)	1:30 p.m. (633025) 2:15 p.m. (633026) 3:15 p.m. (633027) 4 p.m. (633028)	4 p.m. (633003) 4:45 p.m. (633004) 5:45 p.m. (633005) 6:30 p.m. (633033)	5:45 p.m. (633010) 6:30 p.m. (633034)
<b><u>Swim Kids 6</u></b> (6 – 12 yrs)	11:30 a.m. (633146) 12:30 p.m. (633147) 2:15 p.m. (633148) 3 p.m. (633149)	2:15 p.m. (633151) 3:15 p.m. (633152) 4 p.m. (633153)	4 p.m. (633135) 5:45 p.m. (633136)	5:45 p.m. (633140)
<b><u>Swim Kids 7</u></b> (6 – 12 yrs)	10:45 a.m. (633165) 1:15 p.m. (633166) 2:15 p.m. (633167) 3:45 p.m. (633168)	1:30 p.m. (633169) 2:15 p.m. (633170)	4:45 p.m. (633156) 6:30 p.m. (633157)	4 p.m. (633160)
<b><u>Swim Kids 8</u></b> (6 – 12 yrs)	11:30 a.m. (633185) 1:15 p.m. (633186)	3:15 p.m. (633187)	4:45 p.m. (633177)	4:45 p.m. (633181)
<b><u>Swim Kids 9</u></b> (6 – 12 yrs)	10:45 a.m. (633195) 12:30 p.m. (633196) 3 p.m. (633200)	1:30 p.m. (633197)	4 p.m. (633189) 6:30 p.m. (633199)	6:30 p.m. (633191)
<b><u>Swim Kids 10</u></b> (6 – 12 yrs)	10:45 a.m. (633207) 12:30 p.m. (633208) 3 p.m. (633212)	1:30 p.m. (633209)	4 p.m. (633201) 6:30 p.m. (633211)	6:30 p.m. (633203)

## YOUTH (12 – 16 YRS)

<b><u>Youth: Beginner</u></b>	8:45 a.m. (633244)	12:45 p.m. (633243)		
<b><u>Youth: Intermediate</u></b>	3:45 p.m. (633242)			
<b><u>Youth: Advanced</u></b>		4 p.m. (633240)	5:45 p.m. (633239)	

## ADULT (16 YRS & UP)

<b><u>Adult: Beginner</u></b>			11 a.m. (633235)	
<b><u>Adult: Intermediate</u></b>				11 a.m. (633236)
<b><u>Adult: Advanced</u></b>				9:30 p.m. (633232)

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# CITY CENTRE AQUATIC COMPLEX

LEVEL	OCT. 16 TO DEC. 18 TU • 10 LESSONS	OCT. 18 TO DEC. 20 TH • 10 LESSONS	OCT. 19 TO DEC. 21 F • 9 LESSONS	NOV. 19 TO DEC. 19 M/W • 10 LESSONS	NOV. 20 TO DEC. 20 TU/TH • 10 LESSONS
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## CHILD (6 – 12 YRS) CONT'D

<a href="#"><u>Swim Kids 2</u></a> (6 – 12 yrs)	4:30 p.m. (632917) 6:45 p.m. (632918)	5 p.m. (632919) 6:45 p.m. (632920)	11 a.m. (632898) 5 p.m. (632899) 5 p.m. (632900) 6:15 p.m. (632901) 6:45 p.m. (632902) 6:45 p.m. (632903)	4 p.m. (632887) 4 p.m. (632888) 4:30 p.m. (632889) 5:45 p.m. (632890)	4:30 p.m. (632895) 5 p.m. (632896) 6:45 p.m. (632897)
<a href="#"><u>Swim Kids 3</u></a> (6 – 12 yrs)	5 p.m. (632961) 6:45 p.m. (632962)	4:30 p.m. (632964)	11:30 a.m. (632939) 5 p.m. (632940) 5 p.m. (632941) 6:15 p.m. (632942) 6:15 p.m. (632943) 6:45 p.m. (632944)	4 p.m. (632927) 4 p.m. (632928) 4:30 p.m. (632929) 5:45 p.m. (632930) 5:45 p.m. (632931)	4:30 p.m. (632936) 5 p.m. (632937) 6:45 p.m. (632938)
<a href="#"><u>Swim Kids 4</u></a> (6 – 12 yrs)	5 p.m. (632999)	4:30 p.m. (633001) 6:45 p.m. (633002)	11:30 a.m. (632981) 5 p.m. (632982) 6:15 p.m. (632983) 6:15 p.m. (632984) 6:45 p.m. (632985) 6:45 p.m. (632986)	4 p.m. (632970) 4:30 p.m. (632971) 4:30 p.m. (632972) 5:45 p.m. (632973)	4:30 p.m. (632978) 5 p.m. (632979) 6:45 p.m. (632980)
<a href="#"><u>Swim Kids 5</u></a> (6 – 12 yrs)	4 p.m. (633029) 5:45 p.m. (633030)	4 p.m. (633031) 5:45 p.m. (633032)	12 p.m. (633012) 4 p.m. (633013) 4:45 p.m. (633014) 6:30 p.m. (633015)	4 p.m. (633006) 4:45 p.m. (633007) 5:45 p.m. (633008) 6:30 p.m. (633009)	4 p.m. (633011) 6:30 p.m. (633035)
<a href="#"><u>Swim Kids 6</u></a> (6 – 12 yrs)	4 p.m. (633154)	4 p.m. (633155)	12 p.m. (633142) 4 p.m. (633143) 5:45 p.m. (633144) 6:30 p.m. (633145)	4 p.m. (633137) 4:45 p.m. (633138) 5:45 p.m. (633139)	4:45 p.m. (633141)
<a href="#"><u>Swim Kids 7</u></a> (6 – 12 yrs)	4:45 p.m. (633171)	4:45 p.m. (633172)	12 p.m. (633162) 4:45 p.m. (633163)	4 p.m. (633158) 6:30 p.m. (633159)	5:45 p.m. (633161)
<a href="#"><u>Swim Kids 8</u></a> (6 – 12 yrs)	4:45 p.m. (633188)	6:30 p.m. (633178)	12 p.m. (633183) 5:45 p.m. (633184)	4:45 p.m. (633179) 6:30 p.m. (633180)	5:45 p.m. (633182)
<a href="#"><u>Swim Kids 9</u></a> (6 – 12 yrs)		4:45 p.m. (633198)	12 p.m. (633193) 4:45 p.m. (633194)	5:45 p.m. (633190)	6:30 p.m. (633192)
<a href="#"><u>Swim Kids 10</u></a> (6 – 12 yrs)		4:45 p.m. (633210)	12 p.m. (633205) 4:45 p.m. (633206)	5:45 p.m. (633202)	6:30 p.m. (633204)

## YOUTH (12 – 16 YRS)

<a href="#"><u>Youth: Intermediate</u></a>	6:30 p.m. (633241)				
<a href="#"><u>Youth: Advanced</u></a>			4 p.m. (633238)		

## ADULT (16 YRS & UP)

<a href="#"><u>Adult: Beginner</u></a>					11 a.m. (633233)
<a href="#"><u>Adult: Intermediate</u></a>				11 a.m. (633237)	
<a href="#"><u>Adult: Advanced</u></a>					9:30 p.m. (633231)

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