

# SWIMMING LESSONS

## CITY CENTRE AQUATIC COMPLEX

Fall/Winter 2019

LEVEL	OCT. 4 TO DEC. 13 F • 10 LESSONS	OCT. 5 TO NOV. 3 SU/SA • 10 LESSONS	OCT. 5 TO DEC. 14 SA • 10 LESSONS	OCT. 6 TO DEC. 15 SU • 10 LESSONS	OCT. 15 TO NOV. 14 TU/TH • 10 LESSONS
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### ADULT & CHILD

<b>Parent &amp; Tot 1</b> <b>Starfish</b> (4 – 12 mths)			10 a.m. (654273)	9 a.m. (654274)	10 a.m. (654275)
<b>Parent &amp; Tot 2</b> <b>Duck</b> (12 – 24 mths)	10 a.m. (654280)			9:30 a.m. (654282)	
<b>Parent &amp; Tot 3</b> <b>Sea Turtle</b> (24 – 36 mths)	10 a.m. (654291)	10 a.m. (654288)	9:30 a.m. (654289)	10 a.m. (654286)	

### PRESCHOOL (3 – 5 YRS)

<b>Preschool 1</b> <b>Sea Otter</b> (3 – 5 yrs)	9 a.m. (652262) 9:30 a.m. (652263) 4 p.m. (652264) 4 p.m. (652265) 4 p.m. (652266) 4:30 p.m. (652267) 4:30 p.m. (652268) 4:30 p.m. (652269) 5:45 p.m. (652270) 5:45 p.m. (652271) 5:45 p.m. (652272)	9 a.m. (652291) 9:30 a.m. (652292)	9 a.m. (652273) 9 a.m. (652274) 9:30 a.m. (652275) 9:30 a.m. (652276) 9:30 a.m. (652277) 10 a.m. (652279) 10 a.m. (652278) 11:45 a.m. (652280) 11:45 a.m. (652281) 12:30 p.m. (652282) 12:30 p.m. (652283) 2:15 p.m. (652284) 2:15 p.m. (652285)	1:30 p.m. (652286) 1:30 p.m. (652287) 3:15 p.m. (652288) 3:15 p.m. (652289) 3:15 p.m. (652290)	4 p.m. (652250) 4 p.m. (652251) 5:45 p.m. (652252) 5:45 p.m. (652253) 6:15 p.m. (652254) 6:15 p.m. (652255)
<b>Preschool 2</b> <b>Salamander</b> (3 – 5 yrs)	9:30 a.m. (653314) 4 p.m. (653315) 4 p.m. (653316) 4:30 p.m. (653317) 4:30 p.m. (653318) 4:30 p.m. (653319) 5:45 p.m. (653320)	9 a.m. (653327)	9 a.m. (653328) 9 a.m. (653329) 9:30 a.m. (653330) 11:45 a.m. (653334) 11:45 a.m. (653335) 12:30 p.m. (653336) 2:15 p.m. (653337) 2:15 p.m. (653338)	1:30 p.m. (653339) 1:30 p.m. (653340) 3:15 p.m. (653342) 3:15 p.m. (653343) 3:15 p.m. (653344)	4 p.m. (653306) 5:45 p.m. (653307) 6:15 p.m. (653308)
<b>Preschool 3</b> <b>Sunfish</b> (3 – 5 yrs)	9 a.m. (653356) 4 p.m. (653357) 4:30 p.m. (653358) 5:45 p.m. (653359)	9:30 a.m. (653365)	9 a.m. (653360) 11:45 a.m. (653361) 2:15 p.m. (653362)	1:30 p.m. (653363) 3:15 p.m. (653364)	9 a.m. (653351) 4 p.m. (653352) 6:15 p.m. (653353)
<b>Preschool 4</b> <b>Crocodile</b> (3 – 5 yrs)	5:45 p.m. (653388)	10 a.m. (653392)	10 a.m. (653389) 12:30 p.m. (653390)	1:30 p.m. (653391)	9:30 a.m. (653385) 5:45 p.m. (653386)
<b>Preschool 5</b> <b>Whale</b> (3 – 5 yrs)	5:45 p.m. (653414)	10 a.m. (653418)	10 a.m. (653415) 12:30 p.m. (653416)	1:30 p.m. (653417)	9:30 a.m. (653411) 5:45 p.m. (653412)

### CHILD (6 – 12 YRS)

<b>Swim Kids 1</b> (6 – 12 yrs)	11 a.m. (653713) 5 p.m. (653714) 5 p.m. (653715) 6:15 p.m. (653716) 6:15 p.m. (653717) 6:45 p.m. (653718) 6:45 p.m. (653719)		10:45 a.m. (653720) 11:15 a.m. (653721) 1 p.m. (653722) 1:30 p.m. (653723) 1:30 p.m. (653724) 2:45 p.m. (653725) 3:15 p.m. (653726) 3:15 p.m. (653727)	2 p.m. (653728) 2:30 p.m. (653729) 2:30 p.m. (653730) 3:45 p.m. (653731) 3:45 p.m. (653732) 4:15 p.m. (653733) 4:15 p.m. (653734)	4:30 p.m. (653707) 5 p.m. (653708) 6:45 p.m. (653709)
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# CITY CENTRE AQUATIC COMPLEX

LEVEL	OCT. 15 TO DEC. 17 TU • 10 LESSONS	OCT. 16 TO NOV. 13 M/W • 8 LESSONS	OCT. 17 TO DEC. 19 TH • 10 LESSONS	NOV. 15 TO DEC. 16 SA/SU • 10 LESSONS	NOV. 18 TO DEC. 18 M/W • 10 LESSONS	NOV. 19 TO DEC. 19 TU/TH • 10 LESSONS
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## ADULT & CHILD

<b><u>Parent &amp; Tot 1</u></b> <b><u>Starfish</u></b> (4 – 12 mths)				10 a.m. (654277)		
<b><u>Parent &amp; Tot 2</u></b> <b><u>Duck</u></b> (12 – 24 mths)		10 a.m. (654281)			10 a.m. (654283)	
<b><u>Parent &amp; Tot 3</u></b> <b><u>Sea Turtle</u></b> (24 – 36 mths)						10 a.m. (654287)

## PRESCHOOL (3 – 5 YRS)

<b><u>Preschool 1</u></b> <b><u>Sea Otter</u></b> (3 – 5 yrs)	4 p.m. (652295) 5:45 p.m. (652296) 5:45 p.m. (652297) 6:15 p.m. (652298)	9 a.m. (652228) 4 p.m. (652231) 4 p.m. (652232) 4 p.m. (652233) 5:45 p.m. (652234) 5:45 p.m. (652235) 6:15 p.m. (652236) 6:15 p.m. (652237) 6:15 p.m. (652238)	4 p.m. (652299) 5:45 p.m. (652300) 5:45 p.m. (652301) 6:15 p.m. (652302)	9 a.m. (652293) 9:30 a.m. (652294)	5 p.m. (652241) 5 p.m. (652242) 5 p.m. (652243) 6:15 p.m. (652244) 6:15 p.m. (652245) 6:45 p.m. (652246) 6:45 p.m. (652247) 6:45 p.m. (652248)	9 a.m. (652256) 4 p.m. (652257) 4 p.m. (652258) 5:45 p.m. (652259) 5:45 p.m. (652260) 6:15 p.m. (652261)
<b><u>Preschool 2</u></b> <b><u>Salamander</u></b> (3 – 5 yrs)	5:45 p.m. (653322) 6:15 p.m. (653323)	9:30 a.m. (653291) 4 p.m. (653292) 4 p.m. (653293) 5:45 p.m. (653294) 5:45 p.m. (653295) 6:15 p.m. (653296) 6:15 p.m. (653297)	4 p.m. (653324) 5:45 p.m. (653325) 6:15 p.m. (653326)	9 a.m. (653321)	5 p.m. (653299) 5 p.m. (653300) 6:15 p.m. (653301) 6:15 p.m. (653302) 6:45 p.m. (653303) 6:45 p.m. (653304)	9:30 a.m. (653309) 4 p.m. (653311) 4 p.m. (653312) 6:15 p.m. (653313)
<b><u>Preschool 3</u></b> <b><u>Sunfish</u></b> (3 – 5 yrs)	6:15 p.m. (653367)	4 p.m. (653345) 5:45 p.m. (653346) 6:15 p.m. (653347)	6:15 p.m. (653368)	9:30 a.m. (653366)	9:30 a.m. (653348) 5 p.m. (653349) 6:45 p.m. (653350)	6:15 p.m. (653355)
<b><u>Preschool 4</u></b> <b><u>Crocodile</u></b> (3 – 5 yrs)	4 p.m. (653394)	5:45 p.m. (653383)		10 a.m. (653393)	6:15 p.m. (653384)	5:45 p.m. (653387)
<b><u>Preschool 5</u></b> <b><u>Whale</u></b> (3 – 5 yrs)	4 p.m. (653420)	5:45 p.m. (653409)		10 a.m. (653419)	6:15 p.m. (653410)	5:45 p.m. (653413)

## CHILD (6 – 12 YRS)

<b><u>Swim Kids 1</u></b> (6 – 12 yrs)	4:30 p.m. (653735) 6:45 p.m. (653736)	4:30 p.m. (653697) 4:30 p.m. (653698) 5 p.m. (653699) 6:45 p.m. (653700) 6:45 p.m. (653701)	5 p.m. (653737) 6:45 p.m. (653738)		4 p.m. (653702) 4:30 p.m. (653703) 4:30 p.m. (653704) 5:45 p.m. (653705) 5:45 p.m. (653706)	4:30 p.m. (653710) 5 p.m. (653711) 6:45 p.m. (653712)
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# CITY CENTRE AQUATIC COMPLEX

LEVEL	OCT. 4 TO DEC. 13 F • 10 LESSONS	OCT. 5 TO DEC. 14 SA • 10 LESSONS	OCT. 6 TO DEC. 15 SU • 10 LESSONS	OCT. 15 TO NOV. 14 TU/TH • 10 LESSONS	OCT. 15 TO DEC. 17 TU • 10 LESSONS
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## CHILD (6 – 12 YRS) CONT'D

<b><u>Swim Kids 2</u></b> (6 – 12 yrs)	11 a.m. (653754) 5 p.m. (653755) 5 p.m. (653756) 6:15 p.m. (653757) 6:45 p.m. (653758) 6:45 p.m. (653759)	10:45 a.m. (653760) 11:15 a.m. (653761) 1 p.m. (653762) 1 p.m. (653763) 1:30 p.m. (653764) 2:45 p.m. (653765) 3:15 p.m. (653766)	2 p.m. (653767) 2 p.m. (653768) 2:30 p.m. (653769) 3:45 p.m. (653770) 4:15 p.m. (653771)	5 p.m. (653748) 5 p.m. (653749) 6:45 p.m. (653750)	4:30 p.m. (653772) 6:45 p.m. (653773)
<b><u>Swim Kids 3</u></b> (6 – 12 yrs)	11:30 a.m. (653796) 5 p.m. (653797) 5 p.m. (653798) 6:15 p.m. (653799) 6:15 p.m. (653800) 6:45 p.m. (653801)	10:45 a.m. (653802) 11:15 a.m. (653803) 1 p.m. (653804) 1 p.m. (653805) 1:30 p.m. (653806) 2:45 p.m. (653807) 2:45 p.m. (653808) 3:15 p.m. (653809)	2 p.m. (653810) 2:30 p.m. (653811) 2:30 p.m. (653812) 3:45 p.m. (653813) 4:15 p.m. (653814) 4:15 p.m. (653815)	4:30 p.m. (653790) 5 p.m. (653791) 6:45 p.m. (653792)	5 p.m. (653816) 6:45 p.m. (653817)
<b><u>Swim Kids 4</u></b> (6 – 12 yrs)	11:30 a.m. (653840) 5 p.m. (653841) 6:15 p.m. (653842) 6:15 p.m. (653843) 6:45 p.m. (653844) 6:45 p.m. (653845)	10:45 a.m. (653846) 10:45 a.m. (653847) 11:15 a.m. (653848) 11:15 a.m. (653849) 1:30 p.m. (653850) 2:45 p.m. (653851) 3:15 p.m. (653852)	2 p.m. (653853) 2 p.m. (653854) 2:30 p.m. (653855) 3:45 p.m. (653856) 3:45 p.m. (653857) 4:15 p.m. (653858)	4:30 p.m. (653834) 5 p.m. (653835) 6:45 p.m. (653836)	5 p.m. (653859)
<b><u>Swim Kids 5</u></b> (6 – 12 yrs)	12 p.m. (653901) 4 p.m. (653902) 4:45 p.m. (653903) 6:30 p.m. (653904)	9:45 a.m. (653920) 10:45 a.m. (653905) 11:30 a.m. (653906) 12:30 p.m. (653907) 1:15 p.m. (653908) 2:15 p.m. (653909) 3 p.m. (653910) 3:45 p.m. (653911)	1:30 p.m. (653912) 2:15 p.m. (653913) 3:15 p.m. (653914) 4 p.m. (653915)	5:45 p.m. (653897) 6:30 p.m. (653898)	4 p.m. (653916) 5:45 p.m. (653917)
<b><u>Swim Kids 6</u></b> (6 – 12 yrs)	12 p.m. (654168) 4 p.m. (654169) 5:45 p.m. (654170) 6:30 p.m. (654171)	11:30 a.m. (654172) 12:30 p.m. (654173) 2:15 p.m. (654174) 3 p.m. (654175)	2:15 p.m. (654176) 3:15 p.m. (654177) 4 p.m. (654178)	5:45 p.m. (654166)	4 p.m. (654179)
<b><u>Swim Kids 7</u></b> (6 – 12 yrs)	12 p.m. (654192) 4:45 p.m. (654193)	10:45 a.m. (654194) 1:15 p.m. (654195) 2:15 p.m. (654196) 3:45 p.m. (654197)	1:30 p.m. (654198) 2:15 p.m. (654199)	4 p.m. (654190)	4:45 p.m. (654200)
<b><u>Swim Kids 8</u></b> (6 – 12 yrs)	12 p.m. (654208) 5:45 p.m. (654209)	11:30 a.m. (654210) 1:15 p.m. (654211)	3:15 p.m. (654212)	4:45 p.m. (654206)	4:45 p.m. (654213)
<b><u>Swim Kids 9</u></b> (6 – 12 yrs)	12 p.m. (654221) 4:45 p.m. (654222)	10:45 a.m. (654223) 12:30 p.m. (654224) 3 p.m. (654225)	1:30 p.m. (654226)	6:30 p.m. (654219)	
<b><u>Swim Kids 10</u></b> (6 – 12 yrs)	12 p.m. (654233) 4:45 p.m. (654234)	10:45 a.m. (654235) 12:30 p.m. (654236) 3 p.m. (654237)	1:30 p.m. (654238)	6:30 p.m. (654231)	

## YOUTH (12 – 16 YRS)

<b><u>Youth: Beginner</u></b>		9 a.m. (654267)	12:45 p.m. (654266)		
<b><u>Youth: Intermediate</u></b>		3:45 p.m. (654269)			6:30 p.m. (654268)
<b><u>Youth: Advanced</u></b>	4 p.m. (654270)		4 p.m. (654272)		

## ADULT (16 YRS & UP)

<b><u>Adult: Intermediate</u></b>				11 a.m. (654262)	
<b><u>Adult: Advanced</u></b>				9:30 p.m. (654265)	

# CITY CENTRE AQUATIC COMPLEX

LEVEL	OCT. 16 TO NOV. 13 M/W • 8 LESSONS	OCT. 17 TO DEC. 19 TH • 10 LESSONS	NOV. 18 TO DEC. 18 M/W • 10 LESSONS	NOV. 19 TO DEC. 19 TU/TH • 10 LESSONS
<b>CHILD (6 – 12 YRS) CONT'D</b>				
<u>Swim Kids 2</u> (6 – 12 yrs)	4:30 p.m. (653740) 5 p.m. (653741) 5 p.m. (653742) 6:45 p.m. (653743)	5 p.m. (653774) 6:45 p.m. (653775)	4 p.m. (653744) 4 p.m. (653745) 4:30 p.m. (653746) 5:45 p.m. (653747)	4:30 p.m. (653751) 5 p.m. (653752) 6:45 p.m. (653753)
<u>Swim Kids 3</u> (6 – 12 yrs)	4:30 p.m. (653780) 5 p.m. (653781) 5 p.m. (653782) 6:45 p.m. (653783) 6:45 p.m. (653784)	4:30 p.m. (653818)	4 p.m. (653785) 4 p.m. (653786) 4:30 p.m. (653787) 5:45 p.m. (653788) 5:45 p.m. (653789)	4:30 p.m. (653793) 5 p.m. (653794) 6:45 p.m. (653795)
<u>Swim Kids 4</u> (6 – 12 yrs)	4:30 p.m. (653826) 4:30 p.m. (653827) 5 p.m. (653828) 6:45 p.m. (653829)	4:30 p.m. (653860) 6:45 p.m. (653861)	4 p.m. (653830) 4:30 p.m. (653831) 4:30 p.m. (653832) 5:45 p.m. (653833)	4:30 p.m. (653837) 5 p.m. (653838) 6:45 p.m. (653839)
<u>Swim Kids 5</u> (6 – 12 yrs)	4 p.m. (653889) 4:45 p.m. (653890) 5:45 p.m. (653891) 6:30 p.m. (653892)	4 p.m. (653918) 5:45 p.m. (653919)	4 p.m. (653893) 4:45 p.m. (653894) 5:45 p.m. (653895) 6:30 p.m. (653896)	4 p.m. (653899) 6:30 p.m. (653900)
<u>Swim Kids 6</u> (6 – 12 yrs)	4 p.m. (654161) 5:45 p.m. (654162)	4 p.m. (654180)	4 p.m. (654163) 4:45 p.m. (654164) 5:45 p.m. (654165)	4:45 p.m. (654167)
<u>Swim Kids 7</u> (6 – 12 yrs)	4:45 p.m. (654186) 6:30 p.m. (654187)	4:45 p.m. (654201)	4 p.m. (654188) 6:30 p.m. (654189)	5:45 p.m. (654191)
<u>Swim Kids 8</u> (6 – 12 yrs)	4:45 p.m. (654203)	6:30 p.m. (654214)	4:45 p.m. (654204) 6:30 p.m. (654205)	5:45 p.m. (654207)
<u>Swim Kids 9</u> (6 – 12 yrs)	4 p.m. (654216) 6:30 p.m. (654217)	4:45 p.m. (654227)	5:45 p.m. (654218)	6:30 p.m. (654220)
<u>Swim Kids 10</u> (6 – 12 yrs)	4 p.m. (654228) 6:30 p.m. (654229)	4:45 p.m. (654239)	5:45 p.m. (654230)	6:30 p.m. (654232)

## YOUTH (12 – 16 YRS)

<u>Youth: Advanced</u>	5:45 p.m. (654271)			
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## ADULT (16 YRS & UP)

<u>Adult: Beginner</u>	11 a.m. (654261)			11 a.m. (654260)
<u>Adult: Intermediate</u>			11 a.m. (654263)	
<u>Adult: Advanced</u>				9:30 p.m. (654264)