

How to Become a Lifeguard or Swim Instructor

Bronze Medallion
13 yrs +

Bronze Cross
13 yrs +

Standard First Aid with CPR-C
14 yrs +

**National Lifeguard:
Pool Option**
16 yrs +

**National Lifeguard:
Waterpark Option**
16 yrs +

Water Safety Instructor
15 yrs +