

# SWIMMING LESSONS

Spring/Summer 2019

## POIRIER SPORT & LEISURE COMPLEX – SET 2

### ADULT & CHILD

LEVEL	JULY 6 – AUG. 31 SA • 9 LESSONS	JULY 7 – SEPT. 1 SU • 9 LESSONS	AUG. 6 – 29 TU – TH • 8 LESSONS	AUG. 7 – 30 W – F • 8 LESSONS
<b><u>Parent &amp; Tot 1</u></b> <b><u>Starfish</u></b> (4 – 12 mths)	10 a.m. (641628)	9 a.m. (641621) 10:30 a.m. (646598)	10:30 a.m. (641629) 6:30 p.m. (641631)	5:30 p.m. (641632)
<b><u>Parent &amp; Tot 2</u></b> <b><u>Duck</u></b> (12 – 24 mths)	9:30 a.m. (641644)	9:30 a.m. (641633) 11 a.m. (641634)	10:30 a.m. (641647) 6:30 p.m. (641648)	5:30 p.m. (641649)
<b><u>Parent &amp; Tot 3</u></b> <b><u>Sea Turtle</u></b> (24 – 36 mths)	9 a.m. (641660)	10 a.m. (641650) 11 a.m. (641651)	11:30 a.m. (641663) 5:30 p.m. (641664)	7 p.m. (641665)

### YOUTH (12 – 16 YRS)

LEVEL	AUG. 6 – 29 TU – TH • 8 LESSONS	AUG. 7 – 30 W – F • 8 LESSONS
<b><u>Youth: Beginner</u></b>	7:30 p.m. (642383)	
<b><u>Youth: Intermediate</u></b>		7:15 p.m. (642384)

### ADULT (16 YRS & UP)

LEVEL	AUG. 6 – 29 TU – TH • 8 LESSONS	AUG. 7 – 30 W – F • 8 LESSONS
<b><u>Adult: Beginner</u></b>	7:30 p.m. (641945)	8 p.m. (645702)
<b><u>Adult: Intermediate</u></b>	8 p.m. (641948)	

### CHILD (6 – 12 YRS) – A

LEVEL	JULY 6 – AUG. 31 SA • 9 LESSONS	JULY 7 – SEPT. 1 SU • 9 LESSONS	JULY 8 – 19 M – F • 10 LESSONS	JULY 22 – AUG. 2 M – F • 10 LESSONS
<b><u>Swim Kids 1</u></b> (6 – 12 yrs)	10 a.m. (641392) 11 a.m. (641393) 12 p.m. (646971) 4 p.m. (641394) 6 p.m. (641395)	10:30 a.m. (641374) 4 p.m. (641375) 5:30 p.m. (646970)	3 p.m. (641400)	2 p.m. (641401) 4:30 p.m. (646972)
<b><u>Swim Kids 2</u></b> (6 – 12 yrs)	10:30 a.m. (641435) 12 p.m. (641436) 6 p.m. (641437) 7 p.m. (646973)	10 a.m. (641419) 3:30 p.m. (641420)	2 p.m. (641443) 4:30 p.m. (646974)	3 p.m. (641444)
<b><u>Swim Kids 3</u></b> (6 – 12 yrs)	9:30 a.m. (641468) 11 a.m. (641469) 7:30 p.m. (641470)	11:30 a.m. (641451) 5 p.m. (641452)	4 p.m. (641478)	2:30 p.m. (641479) 5 p.m. (646977)
<b><u>Swim Kids 4</u></b> (6 – 12 yrs)	11:30 a.m. (641501) 12:30 p.m. (641502) 6:30 p.m. (641503)	11 a.m. (641486) 4:30 p.m. (641487)	5 p.m. (641509)	4 p.m. (641510)
<b><u>Swim Kids 5</u></b> (6 – 12 yrs)	10 a.m. (641530) 7:15 p.m. (641532)	11 a.m. (641517) 6:30 p.m. (641518)	2:15 p.m. (641537)	3 p.m. (641538)

NOTE: Participants cannot be registered for more than one set of lessons at a time and must successfully complete the prerequisite level before registering for the next level. Schedule subject to change.

## CHILD (6 – 12 YRS) – A

LEVEL	JULY 6 – AUG. 31 SA • 9 LESSONS	JULY 7 – SEPT. 1 SU • 9 LESSONS	JULY 8 – 19 M – F • 10 LESSONS	JULY 22 – AUG. 2 M – F • 10 LESSONS
<a href="#"><u>Swim Kids 6</u></a> (6 – 12 yrs)	10 a.m. (641554) 11:30 a.m. (647125) 7:15 p.m. (641555)	10:15 a.m. (641544) 6:30 p.m. (641545)	3 p.m. (641560)	3:45 p.m. (641561)
<a href="#"><u>Swim Kids 7</u></a> (6 – 12 yrs)	10:45 a.m. (641577) 6:30 p.m. (641578)	11:45 a.m. (641566) 3:45 p.m. (641567)	3:45 p.m. (641582)	4:30 p.m. (641583)
<a href="#"><u>Swim Kids 8</u></a> (6 – 12 yrs)	10:45 a.m. (641598) 6:30 p.m. (641599)	11:45 a.m. (641587) 3:45 p.m. (641588)	3:45 p.m. (641603)	4:30 p.m. (641604)
<a href="#"><u>Swim Kids 9</u></a> (6 – 12 yrs)	11:30 a.m. (641614)	9:30 a.m. (641608) 3 p.m. (641609)	4:30 p.m. (641617)	2:15 p.m. (647394)
<a href="#"><u>Swim Kids 10</u></a> (6 – 12 yrs)	11:30 a.m. (641413)	9:30 a.m. (641407) 3 p.m. (641408)	4:30 p.m. (641416)	2:15 p.m. (647396)

## CHILD (6 – 12 YRS) – B

LEVEL	AUG. 6 – 16 M – F • 9 LESSONS	AUG. 6 – 29 TU – TH • 8 LESSONS	AUG. 7 – 30 W – F • 8 LESSONS	AUG. 19 – 30 M – F • 10 LESSONS
<a href="#"><u>Swim Kids 1</u></a> (6 – 12 yrs)	4 p.m. (641405)	3:30 p.m. (641397) 6 p.m. (641398)	4:30 p.m. (641402) 6 p.m. (641403)	3 p.m. (641406)
<a href="#"><u>Swim Kids 2</u></a> (6 – 12 yrs)	5 p.m. (641449)	5 p.m. (641439) 7 p.m. (641440)	3 p.m. (641445) 5:30 p.m. (641446) 7:30 p.m. (641447)	2 p.m. (641450) 4 p.m. (646975)
<a href="#"><u>Swim Kids 3</u></a> (6 – 12 yrs)	2 p.m. (641484) 4:30 p.m. (647010)	4:30 p.m. (641473) 7 p.m. (641474)	3:30 p.m. (641480) 5:30 p.m. (641481) 6:30 p.m. (641482) 7:30 p.m. (641483)	5 p.m. (641485)
<a href="#"><u>Swim Kids 4</u></a> (6 – 12 yrs)	3 p.m. (641515)	5:30 p.m. (641505) 6:30 p.m. (641506)	4 p.m. (641511) 5 p.m. (641512) 6 p.m. (641513)	2:30 p.m. (641516) 4:30 p.m. (647120)
<a href="#"><u>Swim Kids 5</u></a> (6 – 12 yrs)	3:45 p.m. (641542)	4:15 p.m. (641534) 5:45 p.m. (641535)	4:15 p.m. (641539) 7:15 p.m. (641540)	4:30 p.m. (641543)
<a href="#"><u>Swim Kids 6</u></a> (6 – 12 yrs)	4:30 p.m. (641564)	3:30 p.m. (641557) 7:15 p.m. (641558)	3:30 p.m. (641562) 5:45 p.m. (641563)	2:15 p.m. (641565)

*NOTE: Participants cannot be registered for more than one set of lessons at a time and must successfully complete the prerequisite level before registering for the next level. Schedule subject to change.*

## CHILD (6 – 12 YRS) – B

LEVEL	AUG. 6 – 16 M – F • 9 LESSONS	AUG. 6 – 29 TU – TH • 8 LESSONS	AUG. 7 – 30 W – F • 8 LESSONS	AUG. 19 – 30 M – F • 10 LESSONS
<a href="#"><u>Swim Kids 7</u></a> (6 – 12 yrs)	2:15 p.m. (641585)	5 p.m. (641580) 6:30 p.m. (641581)	6:30 p.m. (641584)	3 p.m. (641586)
<a href="#"><u>Swim Kids 8</u></a> (6 – 12 yrs)	2:15 p.m. (641606)	6:30 p.m. (641601)	5 p.m. (641605)	3 p.m. (641607)
<a href="#"><u>Swim Kids 9</u></a> (6 – 12 yrs)	3 p.m. (647395)	5:45 p.m. (641616)	6:30 p.m. (641618)	3:45 p.m. (641619)
<a href="#"><u>Swim Kids 10</u></a> (6 – 12 yrs)	3 p.m. (647397)	5:45 p.m. (641415)	6:30 p.m. (641417)	3:45 p.m. (641418)

## PRESCHOOL (3 – 5 YRS) – A

LEVEL	JULY 6 – AUG. 31 SA • 9 LESSONS	JULY 7 – SEPT. 1 SU • 9 LESSONS	JULY 8 – 19 M – F • 10 LESSONS	JULY 22 – AUG. 2 M – F • 10 LESSONS
<a href="#"><u>Preschool 1</u></a> <a href="#"><u>Sea Otter</u></a> (3 – 5 yrs)	9 a.m. (641728) 9 a.m. (641729) 9:30 a.m. (641730) 10 a.m. (641731) 10:30 a.m. (641732) 11 a.m. (641733) 11:30 a.m. (641734) 12 p.m. (641735) 12:30 p.m. (641736) 4 p.m. (641738) 4:30 p.m. (641739) 5 p.m. (641740)	9 a.m. (641666) 9 a.m. (641667) 9:30 a.m. (641668) 10 a.m. (641669) 10:30 a.m. (641670) 11 a.m. (641671) 11:30 a.m. (646856) 3 p.m. (641676) 4:30 p.m. (641677) 5:30 p.m. (646857) 6:30 p.m. (646858)	2 p.m. (641757) 2:30 p.m. (641758) 3:30 p.m. (641759) 4 p.m. (641760) 4:30 p.m. (641761)	2 p.m. (646903) 3:30 p.m. (646904) 4:30 p.m. (646905)
<a href="#"><u>Preschool 2</u></a> <a href="#"><u>Salamander</u></a> (3 – 5 yrs)	9 a.m. (641830) 10 a.m. (641831) 11 a.m. (641832) 11:30 a.m. (641833) 12:30 p.m. (641834) 4:30 p.m. (641836) 5:30 p.m. (641837)	9 a.m. (641778) 9:30 a.m. (641779) 10 a.m. (641780) 11 a.m. (641781) 5 p.m. (641782) 6 p.m. (641785)	3 p.m. (641849) 5 p.m. (641850)	2:30 p.m. (641851) 4 p.m. (641852) 5 p.m. (646954)
<a href="#"><u>Preschool 3</u></a> <a href="#"><u>Sunfish</u></a> (3 – 5 yrs)	9:30 a.m. (641888) 10:30 a.m. (641889) 12 p.m. (646960) 5 p.m. (641890)	9:30 a.m. (641866) 10:30 a.m. (641867) 6 p.m. (641869)	3:30 p.m. (641897)	3 p.m. (641898)
<a href="#"><u>Preschool 4</u></a> <a href="#"><u>Crocodile</u></a> (3 – 5 yrs)	10:30 a.m. (641915) 11:30 a.m. (646967)	11:30 a.m. (641904)	2:30 p.m. (646968)	3:30 p.m. (641919)
<a href="#"><u>Preschool 5</u></a> <a href="#"><u>Whale</u></a> (3 – 5 yrs)	10:30 a.m. (641933)		2:30 p.m. (646969)	3:30 p.m. (641938)

NOTE: Participants cannot be registered for more than one set of lessons at a time and must successfully complete the prerequisite level before registering for the next level. Schedule subject to change.

# PRESCHOOL (3 – 5 YRS) – B

LEVEL	AUG. 6–16 M–F • 9 LESSONS	AUG. 6–29 TU–TH • 8 LESSONS	AUG. 7–30 W–F • 8 LESSONS	AUG. 19–30 M–F • 10 LESSONS
<a href="#"><u>Preschool 1</u></a> <a href="#"><u>Sea Otter</u></a> (3 – 5 yrs)	2:30 p.m. (641773) 3 p.m. (641774) 3:30 p.m. (641775) 4:30 p.m. (641776)	9:30 a.m. (641745) 10 a.m. (641746) 10:30 a.m. (641747) 3 p.m. (641748) 3:30 p.m. (641749) 4 p.m. (641750) 5 p.m. (641751) 6 p.m. (641752) 6:30 p.m. (641753) 7 p.m. (641754) 7:30 p.m. (641755)	3 p.m. (641762) 3:30 p.m. (641763) 5 p.m. (641764) 5:30 p.m. (641765) 6 p.m. (641766) 6:30 p.m. (641767) 7 p.m. (641768) 7 p.m. (641769) 7:30 p.m. (641770)	2 p.m. (641777) 2:30 p.m. (646906) 3:30 p.m. (646907) 4:30 p.m. (646908)
<a href="#"><u>Preschool 2</u></a> <a href="#"><u>Salamander</u></a> (3 – 5 yrs)	2:30 p.m. (641862) 4 p.m. (641863) 5 p.m. (646955)	10 a.m. (641840) 11 a.m. (641841) 3 p.m. (641842) 4:30 p.m. (641843) 5:30 p.m. (641844) 7 p.m. (641845) 7:30 p.m. (641846)	3:30 p.m. (641853) 4 p.m. (641854) 5 p.m. (641855) 6:30 p.m. (641856) 7 p.m. (641857) 7:30 p.m. (641858)	3 p.m. (641864) 4 p.m. (641865)
<a href="#"><u>Preschool 3</u></a> <a href="#"><u>Sunfish</u></a> (3 – 5 yrs)	2 p.m. (641902) 3:30 p.m. (646962)	9:30 a.m. (641892) 11:30 a.m. (646961) 4 p.m. (641893) 6:30 p.m. (641894)	4 p.m. (641899) 6:30 p.m. (641900)	3:30 p.m. (641903)
<a href="#"><u>Preschool 4</u></a> <a href="#"><u>Crocodile</u></a> (3 – 5 yrs)		11 a.m. (641917) 6 p.m. (641918)	4:30 p.m. (641920) 6 p.m. (641921)	5 p.m. (641922)
<a href="#"><u>Preschool 5</u></a> <a href="#"><u>Whale</u></a> (3 – 5 yrs)		11 a.m. (641935) 6 p.m. (641936)	4:30 p.m. (641939)	5 p.m. (641941)

*NOTE: Participants cannot be registered for more than one set of lessons at a time and must successfully complete the prerequisite level before registering for the next level. Schedule subject to change.*