

SWIMMING LESSONS

Winter/Spring 2019

POIRIER SPORT & LEISURE COMPLEX – SET 1

LEVEL	JAN. 5 TO MARCH 9 SA • 10 LESSONS	JAN. 6 TO MARCH 10 SU • 10 LESSONS	JAN. 7 TO FEB. 6 M/W • 10 LESSONS	JAN. 7 TO MARCH 11 M • 9 LESSONS	JAN. 8 TO FEB. 7 TU/TH • 10 LESSONS	JAN. 9 TO FEB. 8 W/F • 10 LESSONS
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ADULT & CHILD

Parent & Tot 1 Starfish (4 – 12 mths)	10 a.m. (637049) 11:30 a.m. (637050)	11:30 a.m. (637044)	1 p.m. (637053)	6:30 p.m. (637046)	6 p.m. (637047)	
Parent & Tot 2 Duck (12 – 24 mths)	9:30 a.m. (637074) 12 p.m. (637073)	12 p.m. (637067)	2 p.m. (637077)	6:30 p.m. (637069)	6 p.m. (637070)	
Parent & Tot 3 Sea Turtle (24 – 36 mths)	9 a.m. (637095) 12:30 p.m. (637096)	12:30 p.m. (637090)		7 p.m. (637092)	6:30 p.m. (637093)	

PRESCHOOL (3 – 5 YRS)

Preschool 1 Sea Otter (3 – 5 yrs)	9 a.m. (637226) 9 a.m. (637227) 9:30 a.m. (637228) 10 a.m. (637229) 10 a.m. (637230) 10:30 a.m. (637231) 11 a.m. (637232) 11:30 a.m. (637233) 12:30 p.m. (637234) 1 p.m. (637235) 1:30 p.m. (637236) 4:30 p.m. (637237) 6 p.m. (637238)	10 a.m. (637177) 10 a.m. (637178) 10:30 a.m. (637179) 11 a.m. (637180) 11:30 a.m. (637181) 12 p.m. (637182) 12:30 p.m. (637183) 1 p.m. (637184) 1:30 p.m. (637185) 1:30 p.m. (637186) 4:30 p.m. (637187) 5 p.m. (637188) 6 p.m. (637189) 6:30 p.m. (637190)	1 p.m. (637102) 1:30 p.m. (637103)	3 p.m. (637242) 4 p.m. (637243) 4:30 p.m. (637244) 5 p.m. (637245) 5:30 p.m. (637125) 6 p.m. (637246) 6 p.m. (637247) 7:30 p.m. (637101)	9:30 a.m. (637104) 10 a.m. (637191) 10:30 a.m. (637192) 3:30 p.m. (637204) 4 p.m. (637205) 4:30 p.m. (637206) 4:30 p.m. (637207) 5 p.m. (637208) 5:30 p.m. (637209) 6 p.m. (637210) 7 p.m. (637211) 7:30 p.m. (637212)	3:30 p.m. (637214) 4 p.m. (637215) 4:30 p.m. (637216) 6 p.m. (637217) 8 p.m. (637218)
Preschool 2 Salamander (3 – 5 yrs)	9 a.m. (637398) 9:30 a.m. (637399) 10 a.m. (637400) 11 a.m. (637401) 12 p.m. (637402) 1 p.m. (637403) 1:30 p.m. (637404) 5 p.m. (637405) 6 p.m. (637406)	10 a.m. (637342) 10:30 a.m. (637343) 11 a.m. (637344) 11:30 a.m. (637345) 12 p.m. (637346) 12:30 p.m. (637347) 1 p.m. (637348) 1:30 p.m. (637369) 4:30 p.m. (637370) 5:30 p.m. (637371) 6 p.m. (637372) 6:30 p.m. (637373)	1:30 p.m. (637374)	3 p.m. (637376) 3:30 p.m. (637377) 4 p.m. (637378) 5 p.m. (637379) 6 p.m. (639847) 6:30 p.m. (637380)	9:30 a.m. (637381) 10:30 a.m. (637382) 3 p.m. (637383) 3:30 p.m. (637384) 4 p.m. (637385) 5 p.m. (637386) 5:30 p.m. (637387) 7 p.m. (637388) 7:30 p.m. (637389)	3 p.m. (637390) 3:30 p.m. (637391) 5 p.m. (637392) 5:30 p.m. (637393) 6:30 p.m. (637394) 8 p.m. (637395)
Preschool 3 Sunfish (3 – 5 yrs)	9:30 a.m. (637478) 10:30 a.m. (637479) 1:30 p.m. (637480) 5:30 p.m. (637481)	10 a.m. (637464) 11 a.m. (637465) 12:30 p.m. (637451) 3 p.m. (637452) 5:30 p.m. (637423)	2 p.m. (637468)	3:30 p.m. (637469) 5 p.m. (637431) 7 p.m. (637470)	10 a.m. (637471) 3 p.m. (637472) 4 p.m. (637473) 5:30 p.m. (637474) 7:30 p.m. (637434)	3 p.m. (637475) 4:30 p.m. (637476) 7:30 p.m. (637456)
Preschool 4 Crocodile (3 – 5 yrs)	11:30 a.m. (637510) 1 p.m. (637518) 5:30 p.m. (637520)	10:30 a.m. (637512) 1 p.m. (637504) 5 p.m. (637489)		5:30 p.m. (637515)	3:30 p.m. (637516) 6:30 p.m. (637507)	5 p.m. (637517) 5:30 p.m. (637508)
Preschool 5 Whale (3 – 5 yrs)	11 a.m. (637551) 5:30 p.m. (637543)	11 a.m. (637545) 1 p.m. (637546) 5 p.m. (637526)		5:30 p.m. (637548)	5 p.m. (637549)	5:30 p.m. (637550) 7 p.m. (637532)

NOTE: Participants cannot be registered for more than one set of lessons at a time and must successfully complete the prerequisite level before registering for the next level. Schedule subject to change.

No Lessons on Stat holidays: Mon. Feb. 18 – Family Day, Fri. April 19 – Good Friday, Mon. April 22 – Easter Monday, Mon. May 20 – Victoria Day

POIRIER SPORT & LEISURE COMPLEX – SET 1

LEVEL	JAN. 11 TO MARCH 15 F • 10 LESSONS	FEB. 11 TO MARCH 13 W/F • 10 LESSONS	FEB. 12 TO MARCH 14 TU/TH • 10 LESSONS	FEB. 13 TO MARCH 15 W/F • 10 LESSONS	FEB. 11 TO MARCH 13 M/W • 9 LESSONS
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ADULT & CHILD

<u>Parent & Tot 1</u> <u>Starfish</u> (4 – 12 mths)	11 a.m. (637048)		6 p.m. (637051)	6:30 p.m. (637052)	
<u>Parent & Tot 2</u> <u>Duck</u> (12 – 24 mths)	11:30 a.m. (637071)		6 p.m. (637075)	6:30 p.m. (637076)	
<u>Parent & Tot 3</u> <u>Sea Turtle</u> (24 – 36 mths)	11:30 a.m. (637094)		6:30 p.m. (637098)		

PRESCHOOL (3 – 5 YRS)

<u>Preschool 1</u> <u>Sea Otter</u> (3 – 5 yrs)	10 a.m. (637223) 10:30 a.m. (637224) 11:30 a.m. (637225)		9:30 a.m. (637241) 10:30 a.m. (637253) 3 p.m. (637254) 3:30 p.m. (637255) 4 p.m. (637256) 4:30 p.m. (637265) 5 p.m. (637257) 5 p.m. (637258) 5:30 p.m. (637259) 5:30 p.m. (637260) 6 p.m. (637261) 7 p.m. (637262) 7:30 p.m. (637263) 8 p.m. (637264)	3 p.m. (637266) 3:30 p.m. (637267) 4:30 p.m. (637268) 5 p.m. (637269) 5:30 p.m. (637270) 6 p.m. (637271) 6 p.m. (637272) 7 p.m. (637273) 8 p.m. (637274)	1 p.m. (637239) 2 p.m. (637240)
<u>Preschool 2</u> <u>Salamander</u> (3 – 5 yrs)	10 a.m. (637396) 11 a.m. (637397)	1 p.m. (637407) 1:30 p.m. (637408)	9:30 a.m. (637409) 10 a.m. (637410) 3 p.m. (637411) 3:30 p.m. (637412) 4:30 p.m. (637413) 5:30 p.m. (637414) 7 p.m. (637415) 7:30 p.m. (637416)	3 p.m. (637417) 3:30 p.m. (637418) 4 p.m. (637419) 5 p.m. (637420) 6 p.m. (637421) 7:30 p.m. (637422)	
<u>Preschool 3</u> <u>Sunfish</u> (3 – 5 yrs)	10:30 a.m. (637477)	1:30 p.m. (637482)	10 a.m. (637483) 4 p.m. (637484) 5 p.m. (637485)	4:30 p.m. (637486) 5:30 p.m. (637487) 8 p.m. (637488)	
<u>Preschool 4</u> <u>Crocodile</u> (3 – 5 yrs)		2 p.m. (637521)	10:30 a.m. (637522) 6:30 p.m. (637523)	5:30 p.m. (637525)	
<u>Preschool 5</u> <u>Whale</u> (3 – 5 yrs)			10:30 a.m. (637554) 6:30 p.m. (637555)	5 p.m. (637556)	

POIRIER SPORT & LEISURE COMPLEX – SET 1

LEVEL	JAN. 5 TO MARCH 9 SA • 10 LESSONS	JAN. 6 TO MARCH 10 SU • 10 LESSONS	JAN. 7 TO MARCH 11 M • 9 LESSONS	JAN. 8 TO FEB. 7 TU/TH • 10 LESSONS	JAN. 9 TO FEB. 8 W/F • 10 LESSONS
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CHILD (6 – 12 YRS)

<u>Swim Kids 1</u> (6 – 12 yrs)	10:30 a.m. (636680) 11:30 a.m. (636681) 12:30 p.m. (636682) 4:30 p.m. (636683)	11:30 a.m. (636667) 1 p.m. (636668) 3:30 p.m. (636690) 6:30 p.m. (636691)	4:30 p.m. (636671) 7:30 p.m. (636672)	3:30 p.m. (636673) 4:30 p.m. (636674) 5:30 p.m. (636675) 7 p.m. (636676)	4 p.m. (636677) 5 p.m. (636678) 7:30 p.m. (636679)
<u>Swim Kids 2</u> (6 – 12 yrs)	11 a.m. (636751) 12 p.m. (636752) 1 p.m. (636753) 5 p.m. (636754)	10:30 a.m. (636739) 12 p.m. (636740) 1:30 p.m. (636741) 4 p.m. (636761) 5:30 p.m. (636762)	4 p.m. (636743) 6:30 p.m. (636744)	4 p.m. (636745) 5 p.m. (636746) 6 p.m. (636747)	4 p.m. (636748) 6 p.m. (636749) 7 p.m. (636750)
<u>Swim Kids 3</u> (6 – 12 yrs)	10:30 a.m. (636815) 11:30 a.m. (636816) 12:30 p.m. (636817) 4 p.m. (636818)	11:30 a.m. (636803) 12:30 p.m. (636804) 4:30 p.m. (636826) 6 p.m. (636827)	3:30 p.m. (636807) 7 p.m. (636808)	4 p.m. (636809) 6 p.m. (636810) 7 p.m. (636811)	3:30 p.m. (636812) 6:30 p.m. (636813) 7 p.m. (636814)
<u>Swim Kids 4</u> (6 – 12 yrs)	11 a.m. (636874) 12 p.m. (636875) 1:30 p.m. (636876) 4 p.m. (636877)	11 a.m. (636863) 12 p.m. (636864) 5 p.m. (636884)	4:30 p.m. (636866) 7:30 p.m. (636867)	4:30 p.m. (636868) 5:30 p.m. (636869) 6:30 p.m. (636870)	4:30 p.m. (636871) 6:30 p.m. (636872) 7:30 p.m. (636873)
<u>Swim Kids 5</u> (6 – 12 yrs)	10 a.m. (636915) 12:15 p.m. (636916) 1 p.m. (636917) 7:15 p.m. (636918)	10 a.m. (636907) 3 p.m. (636908)	3:30 p.m. (636909)	3:30 p.m. (636910) 5 p.m. (636911) 7:15 p.m. (636912)	3:30 p.m. (636913) 7:15 p.m. (636914)
<u>Swim Kids 6</u> (6 – 12 yrs)	10 a.m. (636950) 12:15 p.m. (636951) 7:15 p.m. (636952)	12:15 p.m. (636943) 3 p.m. (636957)	4:15 p.m. (636945)	4:15 p.m. (636946) 5:45 p.m. (636947)	3:30 p.m. (636948) 6:30 p.m. (636949)
<u>Swim Kids 7</u> (6 – 12 yrs)	11:30 a.m. (636978) 6:30 p.m. (636979)	10:45 a.m. (636972) 3:45 p.m. (636973)	6:30 p.m. (636974)	6:30 p.m. (636975)	4:15 p.m. (636976) 7:15 p.m. (636977)
<u>Swim Kids 8</u> (6 – 12 yrs)	11:30 a.m. (637005) 6:30 p.m. (637006)	10:45 a.m. (636999) 3:45 p.m. (637000)	6:30 p.m. (637001)	6:30 p.m. (637002)	4:15 p.m. (637003) 7:15 p.m. (637004)
<u>Swim Kids 9</u> (6 – 12 yrs)	10:45 a.m. (637027) 6:30 p.m. (637028)	11:30 a.m. (637023)	7:15 p.m. (637024)	7:15 p.m. (637025)	6:30 p.m. (637026)
<u>Swim Kids 10</u> (6 – 12 yrs)	10:45 a.m. (636724) 6:30 p.m. (636725)	11:30 a.m. (636720)	7:15 p.m. (636721)	7:15 p.m. (636722)	6:30 p.m. (636723)

YOUTH (12 – 16 YRS)

<u>Youth: Intermediate</u>	1 p.m. (636345)				
<u>Youth: Advanced</u>	1:45 p.m. (636341)				

ADULT (16 YRS & UP)

<u>Adult: Beginner</u>				7:30 p.m. (636349)	8 p.m. (636348)
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NOTE: Participants cannot be registered for more than one set of lessons at a time and must successfully complete the prerequisite level before registering for the next level. Schedule subject to change.

No Lessons on Stat holidays: Mon. Feb. 18 – Family Day, Fri. April 19 – Good Friday, Mon. April 22 – Easter Monday, Mon. May 20 – Victoria Day

POIRIER SPORT & LEISURE COMPLEX – SET 1

LEVEL	FEB. 12 TO MARCH 14 TU/TH • 10 LESSONS	FEB. 13 TO MARCH 15 W/F • 10 LESSONS
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CHILD (6 – 12 YRS)

<u>Swim Kids 1</u> (6 – 12 yrs)	3:30 p.m. (636684) 4:30 p.m. (636685) 5:30 p.m. (636686)	4 p.m. (636687) 6:30 p.m. (636688) 7:30 p.m. (636689)
<u>Swim Kids 2</u> (6 – 12 yrs)	4 p.m. (636755) 6 p.m. (636756) 7 p.m. (636757)	4 p.m. (636758) 6 p.m. (636759) 7 p.m. (636760)
<u>Swim Kids 3</u> (6 – 12 yrs)	3:30 p.m. (636819) 4:30 p.m. (636820) 6:30 p.m. (636821)	3:30 p.m. (636822) 5 p.m. (636823) 7 p.m. (636824) 7:30 p.m. (636825)
<u>Swim Kids 4</u> (6 – 12 yrs)	4 p.m. (636878) 5 p.m. (636879) 7 p.m. (636880)	4:30 p.m. (636881) 5:30 p.m. (636882) 6:30 p.m. (636883)
<u>Swim Kids 5</u> (6 – 12 yrs)	3:30 p.m. (636919) 5 p.m. (636920) 7:15 p.m. (636921)	3:30 p.m. (636922) 7:15 p.m. (636923)
<u>Swim Kids 6</u> (6 – 12 yrs)	3:30 p.m. (636953) 7:15 p.m. (636954)	4:15 p.m. (636955) 7:15 p.m. (636956)
<u>Swim Kids 7</u> (6 – 12 yrs)	4:15 p.m. (636980) 6:30 p.m. (636981)	3:30 p.m. (636982) 6:30 p.m. (636983)
<u>Swim Kids 8</u> (6 – 12 yrs)	4:15 p.m. (637007) 6:30 p.m. (637008)	3:30 p.m. (637009) 6:30 p.m. (637014)
<u>Swim Kids 9</u> (6 – 12 yrs)	5:45 p.m. (637029)	4:15 p.m. (637030)
<u>Swim Kids 10</u> (6 – 12 yrs)	5:45 p.m. (636726)	4:15 p.m. (636727)

ADULT (16 YRS & UP)

<u>Adult: Beginner</u>		8 p.m. (636350)
<u>Adult: Intermediate</u>	7:30 p.m. (636354)	