

# SWIMMING LESSONS

Winter/Spring 2019

## POIRIER SPORT & LEISURE COMPLEX – SET 2

LEVEL	MARCH 18 TO 29 M – F • 10 LESSONS	MARCH 30 TO JUNE 1 SA • 10 LESSONS	MARCH 31 TO JUNE 2 SU • 10 LESSONS	APRIL 1 TO MAY 1 M/W • 9 LESSONS	APRIL 1 TO JUNE 3 M • 8 LESSONS
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### ADULT & CHILD

<b>Parent &amp; Tot 1</b> <b>Starfish</b> (4 – 12 mths)		12:30 p.m. (637043)	1 p.m. (637045)	1:30 p.m. (637036)	6:30 p.m. (637037)
<b>Parent &amp; Tot 2</b> <b>Duck</b> (12 – 24 mths)		12 p.m. (637065) 1 p.m. (637066)	10:30 a.m. (637056) 1 p.m. (637068)	1 p.m. (637058)	7 p.m. (637059)
<b>Parent &amp; Tot 3</b> <b>Sea Turtle</b> (24 – 36 mths)		10 a.m. (637087) 11:30 a.m. (637088) 1 p.m. (637089)	10 a.m. (637080) 11:30 a.m. (637081)	1 p.m. (637099)	6 p.m. (637083)

### PRESCHOOL (3 – 5 YRS)

<b>Preschool 1</b> <b>Sea Otter</b> (3 – 5 yrs)	3:30 p.m. (637252) 4 p.m. (637275) 5 p.m. (637169) 5:30 p.m. (637276) 6 p.m. (637277) 6:30 p.m. (637278) 7 p.m. (637279) 7:30 p.m. (637280)	9 a.m. (637165) 9 a.m. (637251) 9:30 a.m. (637155) 10:30 a.m. (637156) 11 a.m. (637157) 11 a.m. (637158) 12 p.m. (637159) 12:30 p.m. (637160) 1 p.m. (637161) 1 p.m. (637162) 1:30 p.m. (637163) 2 p.m. (637164) 4 p.m. (637167) 6 p.m. (637168)	9:30 a.m. (637105) 9:30 a.m. (637106) 10 a.m. (637107) 10 a.m. (637108) 10:30 a.m. (637109) 11:30 a.m. (637110) 12 p.m. (637111) 12 p.m. (637112) 12:30 p.m. (637113) 1 p.m. (637114) 1:30 p.m. (637115) 2 p.m. (637116) 2 p.m. (637117) 2:30 p.m. (637118) 3 p.m. (637119) 4:30 p.m. (637193) 5 p.m. (637194) 5:30 p.m. (637195) 6 p.m. (639786)	1:30 p.m. (637196) 2 p.m. (639787)	3 p.m. (637197) 4 p.m. (637198) 4 p.m. (637248) 5 p.m. (637120) 5 p.m. (637199) 5:30 p.m. (637121) 7 p.m. (637122) 7:30 p.m. (637123)
<b>Preschool 2</b> <b>Salamander</b> (3 – 5 yrs)	3:30 p.m. (637363) 5 p.m. (637364) 5:30 p.m. (637365) 6 p.m. (637366) 6:30 p.m. (637367) 7:30 p.m. (637368)	9 a.m. (637324) 9:30 a.m. (637325) 10 a.m. (637326) 10:30 a.m. (637327) 11:30 a.m. (637328) 12 p.m. (637329) 12:30 p.m. (637330) 1 p.m. (637331) 1:30 p.m. (637332) 2 p.m. (637333) 4 p.m. (637334) 5:30 p.m. (637335)	9:30 a.m. (637282) 10 a.m. (637350) 11 a.m. (637351) 11:30 a.m. (637352) 12 p.m. (637283) 12:30 p.m. (637284) 1 p.m. (637285) 1:30 p.m. (637286) 2 p.m. (637287) 2:30 p.m. (637349) 4:30 p.m. (637288) 6 p.m. (637289)	1 p.m. (637375)	3 p.m. (637295) 3:30 p.m. (637296) 5 p.m. (637297) 5:30 p.m. (637298) 6 p.m. (637299)
<b>Preschool 3</b> <b>Sunfish</b> (3 – 5 yrs)	4 p.m. (637461) 6 p.m. (637462) 7 p.m. (637463)	9 a.m. (637459) 9:30 a.m. (637460) 10 a.m. (637442) 12:30 p.m. (637443) 2 p.m. (637444) 5 p.m. (637447)	9:30 a.m. (637424) 10:30 a.m. (637425) 12:30 p.m. (637426) 1:30 p.m. (637466) 5:30 p.m. (637453)	2 p.m. (637428)	3:30 p.m. (637454) 5:30 p.m. (637429) 6:30 p.m. (637430)
<b>Preschool 4</b> <b>Crocodile</b> (3 – 5 yrs)	4:30 p.m. (637511)	9 a.m. (637519) 11:30 a.m. (637499) 1:30 p.m. (637500) 4:30 p.m. (637502)	9:30 a.m. (637490) 1 p.m. (637513) 5 p.m. (637505)		6 p.m. (637492)
<b>Preschool 5</b> <b>Whale</b> (3 – 5 yrs)	4:30 p.m. (637544)	10:30 a.m. (637535) 1:30 p.m. (637536) 4:30 p.m. (637537)	11 a.m. (637527) 1 p.m. (637539) 5 p.m. (637528)		4:30 p.m. (637529)

NOTE: Participants cannot be registered for more than one set of lessons at a time and must successfully complete the prerequisite level before registering for the next level. Schedule subject to change.

No Lessons on Stat holidays: Mon. Feb. 18 – Family Day, Fri. April 19 – Good Friday, Mon. April 22 – Easter Monday, Mon. May 20 – Victoria Day

# POIRIER SPORT & LEISURE COMPLEX – SET 2

LEVEL	APRIL 2 TO MAY 2 TU/TH • 10 LESSONS	APRIL 3 TO MAY 3 W/F • 9 LESSONS	APRIL 5 TO MAY 31 F • 8 LESSONS	APRIL 7 TO JUNE 2 SU • 9 LESSONS
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## ADULT & CHILD

<b><u>Parent &amp; Tot 1</u></b> <b>Starfish</b> (4 – 12 mths)	10:30 a.m. (637054) 6 p.m. (637039)	7 p.m. (637055)	10 a.m. (637041)	11 a.m. (637034)
<b><u>Parent &amp; Tot 2</u></b> <b>Duck</b> (12 – 24 mths)	10:30 a.m. (637078) 6 p.m. (637061)	7 p.m. (637079)	9:30 a.m. (637063)	
<b><u>Parent &amp; Tot 3</u></b> <b>Sea Turtle</b> (24 – 36 mths)	6:30 p.m. (637084)	6 p.m. (637100)	10:30 a.m. (637086)	

## PRESCHOOL (3 – 5 YRS)

<b><u>Preschool 1</u></b> <b>Sea Otter</b> (3 – 5 yrs)	9:30 a.m. (637200) 10 a.m. (637201) 11 a.m. (637202) 3 p.m. (637131) 4 p.m. (637132) 4 p.m. (637133) 4:30 p.m. (637134) 5 p.m. (637135) 5:30 p.m. (637136) 6:30 p.m. (637137) 7 p.m. (637138) 7:30 p.m. (637139) 7:30 p.m. (637140) 8 p.m. (637141)	3 p.m. (637219) 3:30 p.m. (637220) 4 p.m. (637221) 4:30 p.m. (637222) 5 p.m. (637249) 5 p.m. (637250) 5:30 p.m. (637142) 6 p.m. (637143) 6:30 p.m. (637144) 7:30 p.m. (637145) 8 p.m. (637146)	10:30 a.m. (637153) 11:30 a.m. (637154)	
<b><u>Preschool 2</u></b> <b>Salamander</b> (3 – 5 yrs)	10 a.m. (637353) 11 a.m. (637300) 11:30 a.m. (637301) 3 p.m. (637303) 3:30 p.m. (637304) 4:30 p.m. (637305) 5 p.m. (637306) 6 p.m. (637307) 6:30 p.m. (637308) 7 p.m. (637309) 7:30 p.m. (637310) 8 p.m. (637311)	3 p.m. (637357) 3:30 p.m. (637358) 4 p.m. (637359) 4:30 p.m. (637312) 5 p.m. (637313) 5:30 p.m. (637314) 6 p.m. (637315) 7 p.m. (637316) 7:30 p.m. (637317) 8 p.m. (637318)	10 a.m. (637322) 11 a.m. (637323)	
<b><u>Preschool 3</u></b> <b>Sunfish</b> (3 – 5 yrs)	9:30 a.m. (637455) 10:30 a.m. (637432) 5 p.m. (637433) 6 p.m. (637435) 8 p.m. (637436)	3:30 p.m. (637457) 6 p.m. (637437) 8 p.m. (637438)	9:30 a.m. (637458) 11:30 a.m. (637440)	
<b><u>Preschool 4</u></b> <b>Crocodile</b> (3 – 5 yrs)	11:30 a.m. (637506) 3:30 p.m. (637494) 5:30 p.m. (637495)	4:30 p.m. (637496) 6:30 p.m. (637497)	11 a.m. (637509)	
<b><u>Preschool 5</u></b> <b>Whale</b> (3 – 5 yrs)	11:30 a.m. (637540) 5:30 p.m. (637531)	5:30 p.m. (637541) 6:30 p.m. (637533)	11 a.m. (637542)	

# POIRIER SPORT & LEISURE COMPLEX – SET 2

LEVEL	MARCH 18 TO 29 M – F • 10 LESSONS	MARCH 30 TO JUNE 1 SA • 10 LESSONS	MARCH 31 TO JUNE 2 SU • 10 LESSONS	APRIL 1 TO JUNE 3 M • 8 LESSONS
<b>CHILD (6 – 12 YRS)</b>				
<u><a href="#">Swim Kids 1</a></u> (6 – 12 yrs)	3:30 p.m. (636694) 5:30 p.m. (636695) 7:30 p.m. (636696)	10 a.m. (636712) 11 a.m. (636713) 12 p.m. (636714) 1:30 p.m. (636715) 4:30 p.m. (636716)	10:30 a.m. (636697) 11:30 a.m. (636698) 12:30 p.m. (636699) 3:30 p.m. (636700) 4:30 p.m. (636701)	4:30 p.m. (636703) 7:30 p.m. (636704)
<u><a href="#">Swim Kids 2</a></u> (6 – 12 yrs)	4 p.m. (636765) 5 p.m. (636766) 6 p.m. (636767)	10 a.m. (636782) 11:30 a.m. (636783) 1 p.m. (636784) 1:30 p.m. (636789) 6 p.m. (636785)	11 a.m. (636768) 12 p.m. (636769) 1:30 p.m. (636770) 4 p.m. (636771) 5:30 p.m. (636772)	4 p.m. (636774) 6:30 p.m. (636775)
<u><a href="#">Swim Kids 3</a></u> (6 – 12 yrs)	4:30 p.m. (636830) 5:30 p.m. (636831) 6:30 p.m. (636832)	9:30 a.m. (636829) 10:30 a.m. (636795) 11:30 a.m. (636796) 12:30 p.m. (636797) 5:30 p.m. (636799)	11:30 a.m. (636833) 12:30 p.m. (636834) 2 p.m. (636835) 2:30 p.m. (636836) 6 p.m. (636837)	3:30 p.m. (636839) 7 p.m. (636840)
<u><a href="#">Swim Kids 4</a></u> (6 – 12 yrs)	5 p.m. (636887) 6 p.m. (636888) 7 p.m. (636889)	9:30 a.m. (636856) 11 a.m. (636857) 12 p.m. (636858) 5 p.m. (636859)	10 a.m. (636842) 12 p.m. (636843) 1 p.m. (636844) 5 p.m. (636845) 6:30 p.m. (636885)	4:30 p.m. (636848) 7:30 p.m. (636849)
<u><a href="#">Swim Kids 5</a></u> (6 – 12 yrs)	4:15 p.m. (636927) 6:30 p.m. (636928) 7:15 p.m. (636929)	10 a.m. (636900) 12:15 p.m. (636901) 1:45 p.m. (636902) 6:30 p.m. (636903)	10 a.m. (636890) 1:45 p.m. (636891) 3 p.m. (636924)	3:30 p.m. (636894)
<u><a href="#">Swim Kids 6</a></u> (6 – 12 yrs)	4:15 p.m. (636959) 7:15 p.m. (636960)	10:45 a.m. (636938) 1 p.m. (636939) 6:30 p.m. (636940)	12:15 p.m. (636930) 3 p.m. (636931)	4:15 p.m. (636933)
<u><a href="#">Swim Kids 7</a></u> (6 – 12 yrs)	3:30 p.m. (636987)	11:30 a.m. (636969) 7:15 p.m. (636970)	10:45 a.m. (636961) 3:45 p.m. (636984)	6:30 p.m. (636964)
<u><a href="#">Swim Kids 8</a></u> (6 – 12 yrs)	3:30 p.m. (637013)	11:30 a.m. (636996) 7:15 p.m. (636997)	1 p.m. (636988) 3:45 p.m. (637010)	6:30 p.m. (636991)
<u><a href="#">Swim Kids 9</a></u> (6 – 12 yrs)	6:30 p.m. (637033)	12:15 p.m. (637021)	11:30 a.m. (637015) 6:30 p.m. (637031)	7:15 p.m. (637018)
<u><a href="#">Swim Kids 10</a></u> (6 – 12 yrs)	6:30 p.m. (636730)	12:15 p.m. (636737)	11:30 a.m. (636731) 6:30 p.m. (636728)	7:15 p.m. (636734)

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# POIRIER SPORT & LEISURE COMPLEX – SET 2

LEVEL	APRIL 2 TO MAY 2 TU/TH • 10 LESSONS	APRIL 3 TO MAY 3 W/F • 9 LESSONS
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## CHILD (6 – 12 YRS)

<u>Swim Kids 1</u> (6 – 12 yrs)	3:30 p.m. (636705) 4:30 p.m. (636706) 5:30 p.m. (636707) 7 p.m. (636708)	4 p.m. (636709) 5 p.m. (636710) 7:30 p.m. (636711)
<u>Swim Kids 2</u> (6 – 12 yrs)	4 p.m. (636776) 6 p.m. (636777) 7 p.m. (636778)	4:30 p.m. (636779) 5:30 p.m. (636780) 7 p.m. (636781)
<u>Swim Kids 3</u> (6 – 12 yrs)	3:30 p.m. (636841) 5 p.m. (636790) 6:30 p.m. (636791)	3:30 p.m. (636792) 6 p.m. (636793) 7 p.m. (636794)
<u>Swim Kids 4</u> (6 – 12 yrs)	4 p.m. (636850) 4:30 p.m. (636851) 6:30 p.m. (636852)	4 p.m. (636853) 6:30 p.m. (636854) 7:30 p.m. (636855)
<u>Swim Kids 5</u> (6 – 12 yrs)	3:30 p.m. (636895) 5 p.m. (636896) 7:15 p.m. (636897)	4:15 p.m. (636898) 7:15 p.m. (636899)
<u>Swim Kids 6</u> (6 – 12 yrs)	3:30 p.m. (636934) 6:30 p.m. (636935)	4:15 p.m. (636936) 7:15 p.m. (636937)
<u>Swim Kids 7</u> (6 – 12 yrs)	4:15 p.m. (636965) 5:45 p.m. (636966)	3:30 p.m. (636967) 6:30 p.m. (636968)
<u>Swim Kids 8</u> (6 – 12 yrs)	4:15 p.m. (636992) 5:45 p.m. (636993)	3:30 p.m. (636994) 6:30 p.m. (636995)
<u>Swim Kids 9</u> (6 – 12 yrs)	5 p.m. (637019)	6:30 p.m. (637020)
<u>Swim Kids 10</u> (6 – 12 yrs)	5 p.m. (636735)	6:30 p.m. (636736)

## YOUTH (12 – 16 YRS)

<u>Youth: Beginner</u>	7:30 p.m. (636343)	
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## ADULT (16 YRS & UP)

<u>Adult: Beginner</u>		8 p.m. (636347)
<u>Adult: Intermediate</u>	7:30 p.m. (636352)	