

# SWIMMING LESSONS

Fall/Winter 2018

## POIRIER SPORT & LEISURE COMPLEX – SET 1

LEVEL	SEPT. 8 TO NOV. 10 SA • 10 LESSONS	SEPT. 9 TO NOV. 4 SU • 9 LESSONS	SEPT. 10 TO OCT. 10 M/W • 9 LESSONS	SEPT. 10 TO NOV. 12 M • 9 LESSONS
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### ADULT & CHILD

<b>Parent &amp; Tot 1</b> <b>Starfish</b> (4 – 12 mths)	11 a.m. (630525)	11 a.m. (630518) 12 p.m. (630519)	1 p.m. (630520)	6:30 p.m. (630521)
<b>Parent &amp; Tot 2</b> <b>Duck</b> (12 – 24 mths)	10 a.m. (630540) 11:30 a.m. (630541)	10:30 a.m. (630532) 12 p.m. (630533)	1:30 p.m. (630534)	7 p.m. (630535)
<b>Parent &amp; Tot 3</b> <b>Sea Turtle</b> (24 – 36 mths)	10:30 a.m. (630556) 12 p.m. (630557)	11:30 a.m. (630550)	1:30 p.m. (630551)	7 p.m. (630552)

### PRESCHOOL (3 – 5 YRS)

<b>Preschool 1</b> <b>Sea Otter</b> (3 – 5 yrs)	9 a.m. (630611) 9 a.m. (630612) 9 a.m. (630613) 9:30 a.m. (630614) 10 a.m. (630615) 10:30 a.m. (630616) 11 a.m. (630617) 12 p.m. (630618) 12:30 p.m. (630619) 1 p.m. (630620) 1:30 p.m. (630621) 2 p.m. (630622) 4:30 p.m. (630623) 5:30 p.m. (630624) 6 p.m. (630625)	9:30 a.m. (630564) 9:30 a.m. (630565) 9:30 a.m. (630566) 10 a.m. (630567) 10:30 a.m. (630568) 11:30 a.m. (630569) 12:30 p.m. (630570) 12:30 p.m. (630571) 1 p.m. (630572) 1:30 p.m. (630573) 2 p.m. (630574) 4:30 p.m. (630575) 5 p.m. (630576) 6 p.m. (630577)	1 p.m. (630578) 2 p.m. (630579)	3 p.m. (630580) 3:30 p.m. (630581) 5 p.m. (630582) 5 p.m. (630583) 6 p.m. (630584) 6 p.m. (630585) 7 p.m. (630586)
<b>Preschool 2</b> <b>Salamander</b> (3 – 5 yrs)	9 a.m. (630718) 9:30 a.m. (630719) 10 a.m. (630720) 11 a.m. (630721) 12 p.m. (630722) 12:30 p.m. (630723) 1:30 p.m. (630724) 2 p.m. (630725) 2:30 p.m. (630726) 3:30 p.m. (630727) 5 p.m. (630728)	9:30 a.m. (630679) 10:30 a.m. (630680) 11 a.m. (630681) 11:30 a.m. (630682) 12 p.m. (630683) 12:30 p.m. (630684) 1 p.m. (630685) 1:30 p.m. (630686) 2 p.m. (630687) 4:30 p.m. (630688) 5:30 p.m. (630689) 6:30 p.m. (631202)	1:30 p.m. (630690) 2:30 p.m. (630691)	3 p.m. (630692) 4:30 p.m. (630693) 5:30 p.m. (630694) 6 p.m. (630695) 6:30 p.m. (630696) 7:30 p.m. (631231)
<b>Preschool 3</b> <b>Sunfish</b> (3 – 5 yrs)	9 a.m. (630782) 9:30 a.m. (630783) 11 a.m. (630784) 12:30 p.m. (632574) 3 p.m. (632575) 4 p.m. (630785) 6 p.m. (630786)	10 a.m. (630766) 12 p.m. (630767) 1 p.m. (630768) 1:30 p.m. (630769) 5 p.m. (630770) 6 p.m. (630771)	2 p.m. (630772)	3:30 p.m. (630773) 5:30 p.m. (630774) 6 p.m. (631235)
<b>Preschool 4</b> <b>Crocodile</b> (3 – 5 yrs)	9:30 a.m. (630815) 11:30 a.m. (630816) 4:30 p.m. (630817)	11 a.m. (630805) 12:30 p.m. (630806) 3 p.m. (630807) 5:30 p.m. (630808)	2:30 p.m. (630809)	4 p.m. (630810)
<b>Preschool 5</b> <b>Whale</b> (3 – 5 yrs)	10:30 a.m. (630838) 11:30 a.m. (630839) 4:30 p.m. (630840)	10 a.m. (630828) 12:30 p.m. (630829) 3 p.m. (630830) 5:30 p.m. (630831)	2:30 p.m. (630832)	4 p.m. (630833)

NOTE: Participants cannot be registered for more than one set of lessons at a time and must successfully complete the prerequisite level before registering for the next level. Schedule subject to change.

# POIRIER SPORT & LEISURE COMPLEX – SET 1

LEVEL	SEPT. 11 TO OCT. 11 TU/TH • 10 LESSONS	SEPT. 12 TO OCT. 12 W/F • 10 LESSONS	SEPT. 14 TO NOV. 16 F • 10 LESSONS
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## ADULT & CHILD

<u>Parent &amp; Tot 1 Starfish</u> (4 – 12 mths)	10:30 a.m. (630522) 6 p.m. (630523)		9:30 a.m. (630524)
<u>Parent &amp; Tot 2 Duck</u> (12 – 24 mths)	11 a.m. (630536) 6 p.m. (630537)	6 p.m. (630538)	9:30 a.m. (630539)
<u>Parent &amp; Tot 3 Sea Turtle</u> (24 – 36 mths)	11 a.m. (630553)	6 p.m. (630554)	10 a.m. (630555)

## PRESCHOOL (3 – 5 YRS)

<u>Preschool 1 Sea Otter</u> (3 – 5 yrs)	9:30 a.m. (630587) 11 a.m. (630588) 3 p.m. (630589) 3:30 p.m. (630590) 4:30 p.m. (630591) 5 p.m. (630592) 5:30 p.m. (630593) 6 p.m. (630594) 6:30 p.m. (630595) 7 p.m. (630596) 7:30 p.m. (630597) 8 p.m. (630598)	3 p.m. (630599) 3:30 p.m. (630600) 4 p.m. (630601) 4:30 p.m. (630602) 5 p.m. (630603) 5:30 p.m. (630604) 6:30 p.m. (630605) 7 p.m. (630606) 7:30 p.m. (630607) 8 p.m. (630608)	10 a.m. (630609) 11 a.m. (630610)
<u>Preschool 2 Salamander</u> (3 – 5 yrs)	9:30 a.m. (630697) 10 a.m. (630698) 3 p.m. (630699) 3:30 p.m. (630700) 4 p.m. (630701) 5:30 p.m. (630702) 6 p.m. (630703) 6:30 p.m. (630704) 7:30 p.m. (630705) 8 p.m. (630706)	3 p.m. (630707) 3:30 p.m. (630708) 4:30 p.m. (630709) 5 p.m. (630710) 5:30 p.m. (630711) 6 p.m. (630712) 6:30 p.m. (630713) 7:30 p.m. (630714) 8 p.m. (630715)	9:30 a.m. (630716) 11 a.m. (630717)
<u>Preschool 3 Sunfish</u> (3 – 5 yrs)	10 a.m. (630775) 3:30 p.m. (630776) 5 p.m. (630777) 7 p.m. (630778)	4 p.m. (630779) 7 p.m. (630780)	10:30 a.m. (630781)
<u>Preschool 4 Crocodile</u> (3 – 5 yrs)	10:30 a.m. (630811) 4 p.m. (630812)	5:30 p.m. (630813)	10:30 a.m. (630814)
<u>Preschool 5 Whale</u> (3 – 5 yrs)	10:30 a.m. (630834) 4:30 p.m. (630835)	6 p.m. (630836)	10:30 a.m. (630837)

# POIRIER SPORT & LEISURE COMPLEX – SET 1

LEVEL	SEPT. 8 TO NOV. 10 SA • 10 LESSONS	SEPT. 9 TO NOV. 4 SU • 10 LESSONS	SEPT. 10 TO OCT. 10 M/W • 9 LESSONS	SEPT. 10 TO NOV. 12 M • 10 LESSONS
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## CHILD (6 – 12 YRS)

<b><u>Swim Kids 1</u></b> (6 – 12 yrs)	9:30 a.m. (630263) 10:30 a.m. (630264) 12 p.m. (630265) 2 p.m. (630266) 5:30 p.m. (630267)	9:30 a.m. (630246) 10:30 a.m. (630247) 11:30 a.m. (630248) 12 p.m. (630249) 1 p.m. (631203) 3:30 p.m. (630250) 5 p.m. (630251)		4:30 p.m. (630252) 7:30 p.m. (630253)
<b><u>Swim Kids 2</u></b> (6 – 12 yrs)	11 a.m. (630316) 12:30 p.m. (630317) 1:30 p.m. (630318) 5 p.m. (630319)	10 a.m. (630302) 11 a.m. (630303) 11:30 a.m. (630304) 12:30 p.m. (630305) 4 p.m. (630306) 5:30 p.m. (630307)		4 p.m. (630308) 7 p.m. (630309)
<b><u>Swim Kids 3</u></b> (6 – 12 yrs)	11:30 a.m. (630357) 1 p.m. (630358) 2:30 p.m. (630359) 3:30 p.m. (630360)	10 a.m. (630340) 11 a.m. (630341) 1 p.m. (630342) 2 p.m. (630343) 4:30 p.m. (630344) 6 p.m. (630345)		3:30 p.m. (630346) 6:30 p.m. (630347)
<b><u>Swim Kids 4</u></b> (6 – 12 yrs)	10 a.m. (630396) 12 p.m. (630397) 1 p.m. (630398) 4 p.m. (630399)	10:30 a.m. (630383) 12 p.m. (630384) 1:30 p.m. (630385) 6:30 p.m. (630386)		4:30 p.m. (630387) 7:30 p.m. (630388)
<b><u>Swim Kids 5</u></b> (6 – 12 yrs)	11:30 a.m. (630429) 12:15 p.m. (630430) 6:30 p.m. (630431)	9:30 a.m. (630420) 1:15 p.m. (630421) 3:45 p.m. (630422)		3:30 p.m. (630423) 6:30 p.m. (631236)
<b><u>Swim Kids 6</u></b> (6 – 12 yrs)	10:45 a.m. (630451) 12:15 p.m. (630452) 6:30 p.m. (630453)	10:15 a.m. (630444) 11:45 a.m. (631207) 3:45 p.m. (630445)		4:15 p.m. (630446)
<b><u>Swim Kids 7</u></b> (6 – 12 yrs)	10:45 a.m. (630472) 7:15 p.m. (630473)	11 a.m. (630465) 3 p.m. (630466)		6:30 p.m. (630467)
<b><u>Swim Kids 8</u></b> (6 – 12 yrs)	11:30 a.m. (630491) 7:15 p.m. (630492)	11 a.m. (630485) 12:30 p.m. (631208) 3 p.m. (630486)		6:30 p.m. (630487)
<b><u>Swim Kids 9</u></b> (6 – 12 yrs)	10 a.m. (630509) 7:15 p.m. (630510)	11:45 a.m. (630504) 6:30 p.m. (630505)		7:15 p.m. (630506)
<b><u>Swim Kids 10</u></b> (6 – 12 yrs)	10 a.m. (630293) 7:15 p.m. (630294)	11:45 a.m. (630288) 6:30 p.m. (630289)		7:15 p.m. (630290)

## YOUTH (12 – 16 YRS)

<b><u>Youth: Beginner</u></b>	1:30 p.m. (630955)			
<b><u>Youth: Intermediate</u></b>	2:15 p.m. (630956)			

## ADULT (16 YRS & UP)

<b><u>Adult: Beginner</u></b>			12:15 p.m. (630851)	
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# POIRIER SPORT & LEISURE COMPLEX – SET 1

LEVEL	SEPT. 11 TO OCT. 11 TU/TH • 10 LESSONS	SEPT. 12 TO OCT. 12 W/F • 10 LESSONS
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## CHILD (6 – 12 YRS)

<a href="#"><u>Swim Kids 1</u></a> (6 – 12 yrs)	3:30 p.m. (630254) 4:30 p.m. (630255) 5:30 p.m. (630256) 6:30 p.m. (630257) 7:30 p.m. (630258)	3:30 p.m. (630259) 4:30 p.m. (630260) 5 p.m. (630261) 7 p.m. (630262)
<a href="#"><u>Swim Kids 2</u></a> (6 – 12 yrs)	4 p.m. (630310) 5 p.m. (630311) 7 p.m. (630312)	3:30 p.m. (630313) 6 p.m. (630314) 7 p.m. (630315)
<a href="#"><u>Swim Kids 3</u></a> (6 – 12 yrs)	3:30 p.m. (630348) 4:30 p.m. (630349) 5:30 p.m. (630350) 6:30 p.m. (630351) 8 p.m. (630352)	4:30 p.m. (630353) 5:30 p.m. (630354) 6:30 p.m. (630355) 7:30 p.m. (630356)
<a href="#"><u>Swim Kids 4</u></a> (6 – 12 yrs)	4 p.m. (630389) 5 p.m. (630390) 6 p.m. (630391) 7 p.m. (630392)	4 p.m. (630393) 6:30 p.m. (630394) 7:30 p.m. (630395)
<a href="#"><u>Swim Kids 5</u></a> (6 – 12 yrs)	4 p.m. (630424) 5:30 p.m. (630425) 6:15 p.m. (630426)	3:30 p.m. (630427) 6:30 p.m. (630428)
<a href="#"><u>Swim Kids 6</u></a> (6 – 12 yrs)	4:45 p.m. (630447) 6:15 p.m. (630448)	3:30 p.m. (630449) 6:30 p.m. (630450)
<a href="#"><u>Swim Kids 7</u></a> (6 – 12 yrs)	4 p.m. (630468) 7 p.m. (630469)	4:15 p.m. (630470) 7:15 p.m. (630471)
<a href="#"><u>Swim Kids 8</u></a> (6 – 12 yrs)	5:30 p.m. (630488) 7 p.m. (630489)	7:15 p.m. (630490)
<a href="#"><u>Swim Kids 9</u></a> (6 – 12 yrs)	4:45 p.m. (630507)	4:15 p.m. (630508)
<a href="#"><u>Swim Kids 10</u></a> (6 – 12 yrs)	4:45 p.m. (630291)	4:15 p.m. (630292)

## ADULT (16 YRS & UP)

<a href="#"><u>Adult: Beginner</u></a>	7:45 p.m. (630852)	
<a href="#"><u>Adult: Intermediate</u></a>		8 p.m. (630857)
<a href="#"><u>Adult: Advanced</u></a>	7:45 p.m. (630849)	

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